



First United Presbyterian Church of Dale City

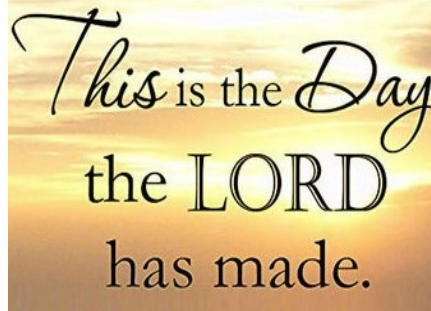
Chronicles

June 2021



14391 Minnieville Road
Woodbridge, Virginia 22193
703-670-7834

<https://fupcdc.org>
LIKE us on Facebook
Find us on Instagram @fupcdc



People of the Church, Ministers
Rev. Adam C. Bowling, Pastor
Dana Van Slyke, Chancel Choir Director
Justin Streletz, Pianist/Organist
Rebecca and Chris Anderson,
Contemporary Worship Directors
Ike Evans, Jubilation Handbell Director
Joann Paige, Nursery Supervisor
Tiffany Ramsey, Little Hands Preschool Director
Homer Detrich, Sexton
Kim Parker, Office Manager

From Pastor Adam



Every Member In Ministry

FUPCDC Family of Faith,

By the time you read this article, we will be days away from switching to our new leadership model here at First United Presbyterian Church of Dale City, VA. This new model starts June 6, 2021 with the ordination and installation of church officers. Our session will go from 15 Elders to 9 Elders. In addition, we have already commissioned new Ministry Team Leaders to lead 9 new Ministry Teams.

After much prayer and study, the session of FUPCDC decided on this hybrid model of church leadership. It is important to know that this model has been very successful at many other Presbyterian churches. This new structure will give our Session more time to be God focused. The Elders will spend more time in prayer, study, and discernment—for God’s calling and direction for FUPCDC—and for our future service in Christ’s Kingdom. As we like to say (and sometimes sing), “Prayer is the key!”

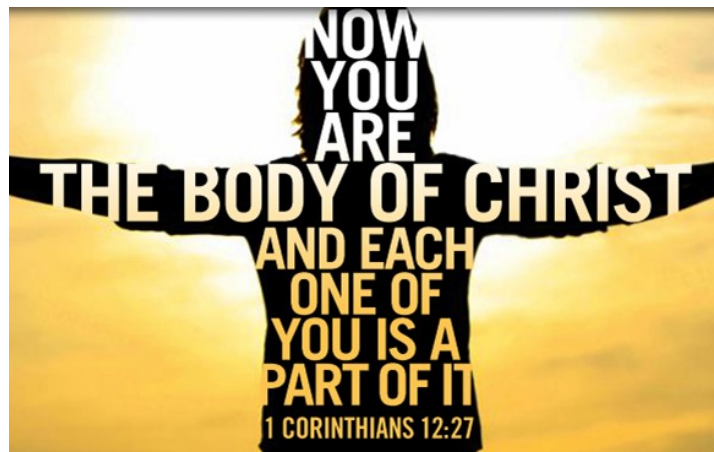
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As we transition away from social distancing, virtual only worship, zoom calls, and masks, thanks to God's gift of highly effective vaccines; we want to be prepared and ready to "hit the ground running" for God's plans and purposes for our lives, and for the life of our community of faith.

So, what does this have to do with you? In one word...everything! It doesn't matter if you aren't currently serving as an Elder, Deacon, or Ministry Team leader. We are **all** part of the church—the body of Christ. This reminds me of a famous passage from Paul's letter to the church in Corinth:

"For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. ¹³ For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.

¹⁴ Indeed, the body does not consist of one member but of many. ¹⁵ If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. ¹⁶ And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. ¹⁷ If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? ¹⁸ But as it is, God arranged the members in the body, each one of them, as he chose. ¹⁹ If all were a single member, where would the body be? ²⁰ As it is, there are many members, yet one body. ²¹ The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." ²² On the contrary, the members of the body that seem to be weaker are indispensable, ²³ and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; ²⁴ whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, ²⁵ that there may be no dissension within the body, but the members may have the same care for one another. ²⁶ If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. ²⁷ Now you are the body of Christ and individually members of it."



-1 Corinthians 12:12-27

Yes, we need every member in ministry! Our goal is to have each member of FUPCDC plugged into one of our new ministry teams in some way. This doesn't mean you have to go to a meeting, or meetings. There are ways to be involved with a ministry team without attending their team meetings. However, that is always welcomed and appreciated as well!

Continued on page 3

Can you pray? Write cards? Are you good with computers or numbers? Can you teach? Do you love children and youth? Do you garden? Can you sing? Are you good with graphic design or websites? Can you cook or bake? Do you like to plan parties, trips, and events? Are you a good listener? Can you make sandwiches? Are you good at painting? Are you willing to read scripture in worship? Can you knit?

How can you plug into one of these new ministry teams?

Administration—Jim Stacy: 703-680-5111

Congregational Care—Ellen Nuernberger: 703-828-009

Congregational Care—Deborah Folly: 703-221-6833

Evangelism & Outreach—Charlotte Stultz: 703-494-8367

Fellowship—Betsy Gilbert: 703-670-4949

Growing in Faith—Curt Hoagland: 703-878-4664

Mission—Pam Cox: 703-441-6319

Property—Mike Gundel: 301-767-5030

Stewardship & Finance—Dennis Dingle: 703-583-9689

Worship—Martin Andrews: 703-878-2858

Think and pray about it!

I believe we are in the midst of a new reformation of the church as it relates to society and the world. We are being given an opportunity to share God's message of love with our neighborhoods, and now the world! Maybe you are struggling with figuring out where you fit in the Body of Christ, and here at FUPCDC? Give me a call, or send me a text or email. I would love to talk with you about your gifts and abilities—and what God might have in store for you!

On the journey with you,

Pastor Adam

828-448-8914

adam.bowling@fupcdc.org

Then followed that beautiful
season...Summer...Filled was the
air with a dreamy and magical light;
and the landscape lay as if new
created in all the freshness of
childhood.

Henry Wadsworth Longfellow



New Leadership

Our new leadership structure becomes effective on June 6. As a quick reminder, FUPCDC is organized around nine ministries (formerly called committees) working under the leadership of Session. Session is the governing body of our church; it discerns God's calling for our church; sets policy, vision, and goals; and serves as directors of the corporation.

Each of the nine ministries has a team leader (formerly called a committee chair), who leads the meetings and is responsible for the day to day management of the programs and projects that fall under the umbrella of the ministry. These team leaders were commissioned during worship on Sunday, May 23 and are busy at work making sure we have a smooth transition. Please keep them in your prayers and have patience as we all navigate the "new normal" of leadership at FUPCDC.

Following is a brief description of the new ministries:

Session

- *God focused*
- *Discern God's calling for FUPCDC*
- *Vision*
- *Long-term plans*
- *Liaison to Ministry Team*
- *Spiritual leadership*
- *Directors of the corporation*
- *Serve a 3 year term*
- *May serve for 2 consecutive terms*
- *3 classes of 3*

Session (July 6, 2021 – June 30, 2022)

- *Jon Guest (22)*
- *Marti Hall (22)*
- *Cathy Albrecht (23)*
- *Pat Manalio (23)*
- *Chris Martin (23)*
- *Linda Wolstenholme (23)*
- *Bill Ediage (24)*
- *Morelle Fokwa (24)*
- *Sam Parris (24)*

Nine (9) Ministry Teams

Leaders are responsible for management of programs and ministry
2-year term/may serve 3 consecutive terms

Worship

(Martin Andrews)

Growing In Faith

(Curt Hoagland)

Mission

(Pam Cox)

Evangelism & Outreach

(Charlotte Stultz)

Fellowship

(Betsy Gilbert)

Congregational Care

(Ellen Nuernberger/Deborah Folly)

Administration

(Jim Stacy)

Property

(Mike Gundel)

Stewardship & Finance

(Dennis Dingle)

2

Worship

Team Lead: Martin Andrews



Provide high quality, engaging, and creative worship experiences for all ages.

- *Communion preparation*
- *Coordinate & train communion servers*
- *Greeter & Usher coordination/sign ups*
- *Liturgist coordination/sign ups*
- *Acquire flowers and seasonal decoration*
- *Chancel choir*
- *Praise team*
- *Children's and Youth choirs*
- *Handbell choir*
- *Banners & Paraments*
- *Pulpit Supply*
- *Friendship pads – prep and collect*
- *Attendance counting*
- *Maintain music library*
- *Maintain musical instruments*
- *Special worship opportunities (ex: Maundy Thurs.)*
- *Pre-service prayer for the pastor*
- *Assist w/ worship component of retreats*

3

Growing In Faith

Team Lead: Curt Hoagland



Encourage and nurture all ages to grow in their faith and apply it in their daily lives.

- *Ensure that there are appropriate and engaging classes/bible studies/educational activities for all ages*
 - *Research & select curriculum*
 - *Recruit & train teachers/facilitators/leaders*
- *Confirmation classes*
- *Men's Groups*
- *Vacation Bible Camp*
- *Maintain church library*
- *Nursery*

4

Mission

Team Lead: Pam Cox



Serve others in the spirit of Christ in the local, regional, national, and international communities.

- *Research opportunities to serve and select/prioritize those to undertake*
 - *Develop relationships with other organizations to support those in need*
 - *Connect w/ and support PCUSA mission coworkers*
 - *Support Presbyterian Disaster Assistance w/ donations and/or mission trips*
- Current projects include:*
- *ACTS Support*
 - *Spread the Bread*
 - *GPW Health Center support*
 - *Lake Ridge Fellowship House support*
 - *Good Shepherd Housing Foundation – group homes support*
 - *ARC support*
 - *Un-Trim-A-Tree*
 - *Rise Against Hunger*
 - *Yucatan living waters*

5

Evangelism & Outreach

Team Lead: Charlotte Stultz



Spread the good news about Jesus Christ and the work of the church with those outside our walls.

- *Outreach to Potential Members and Friends*
- *Invite and attract new people to FUPCDC*
- *Discover First United (new members/friends)*
- *Welcome Table*
- *Advertise church events*
- *Webpage & Newsletter*
- *Social Media*
- *Scouts (sponsored troops/packs)*
- *AA*
- *Little Hands Pre-school*

6

Fellowship

Team Lead: Betsy Gilbert



Create, sustain, and cultivate opportunities for the congregation to grow together in Fellowship.

- *Sunday Coffee Fellowship*
- *Wednesday Night Alive Dinner*
- *Holy Fitness Group*
- *Contemplative Yoga Group*
- *Dinner w/ Friends*
- *Picnic*
- *Church-wide breakfasts/lunches/dinners*
- *Movie nights*
- *Trips to special events or places*
- *Game nights*
- *Retreats*
- *Special Events (ex: Trunk or Treat/Fall Festival)*
- *National Night Out*
- *Nurture of small special interest groups*
- *Bereavement receptions*

7

Congregational Care

Co-team Leads: Ellen Nuernberger/ Deborah Folly



Care for members and friends of the church.

- *Includes 12-15 ordained deacons plus other volunteers*
- *Connect w/ members and friends of the church*
- *Visitation*
- *Communion for shut-ins (Ordained Deacons only)*
- *Coordinating meals for care needs*
- *Distribute flowers to shut-ins*
- *Sending cards/notes or calls for wellness check ins*
- *Liaison to Pastor w/ important care needs*
- *Prayer team/ prayer chain*
- *Support families through rough spots*

8

Administration

Team Lead: Jim Stacy



Oversee and coordinate the business management of the church.

- **Human Resources**
 - *Review, update, & maintain personnel procedures*
 - *Position descriptions & contracts for all staff*
 - *Conduct annual evaluation of each staff member in consultation w/ the pastor*
 - *Conduct annual evaluation of the pastor*
 - *Ensures that hiring of all personnel is conducted in conformity with current regulations and PCUSA standards*
- **Records management**
- **Office operations**
 - *Telephone & reception*
 - *Supplies*
 - *Postage*
 - *Copier/phone/fax, etc.*
- **Risk management**
 - *Insurance*
 - *Administer Conflict of Interest policy*
 - *Ensure Appropriate Redundancy*
- **Safety & Security**
 - *AED training & maintenance*
 - *Background checks (staff & volunteers)*
 - *Child Protection Training & Manual*
 - *Security "guard/detail" during worship & events*
 - *Respond to community-wide risks*
- **IT**
 - *Hardware & software – life cycle plan, maintenance, & support*
 - *License agreements*
 - *Sound/lighting/streaming – video production*

9

Property

Team Lead: Mike Gundel



Manage the building, grounds, furnishings, and equipment of the church.

- *Maintain building structure & systems*
- *Manage utilities*
- *Ensures required inspections are conducted*
- *Supervise HVAC, Pest Control, Lawn Service, Cleaning, etc. contracts*
- *Ensures that the tasks required to maintain and enhance the grounds (ex.: planting, mowing, pruning, watering, snow removal, leaf raking and dead tree removal) are completed*
- *Review, update, & maintain building use policy*
- *Coordinates the rental and use of our facility to outside organizations*
- *Ensures that essential supplies (ex.: light bulbs, toilet paper, paper towels, soap, hand sanitizer, etc.) are maintained at appropriate levels*
- *Develop and maintain a long-range plan for ensuring system upgrades/replacement at appropriate times*

10

Stewardship & Finance

Team Lead: Dennis Dingle



Encourage faithful stewardship of God's gifts while managing the finances of the church.

- *Assist the congregation to understand and accept that all giving, of ourselves and our financial resources, is in response to God's goodness and generosity, for His glory, and for the betterment of His creation.*
- *Help members and friends of the church align their spiritual gifts to better serve God.*
- *Assist the congregation to understand the importance of and "how to" care for God's creation (ex.: Earth Care group).*
- *Ensure that financial gifts are recorded and managed properly. (Counters & Treasurer)*
- *Oversight of investments (including Endowment Funds)*

11

Session Notes

May Report from Session

In a very busy meeting, the Session welcomed Elizabeth Vohar and Joseph Vohar as new Friends of the Church and authorized the baptism of their daughter, Eloise, at the outdoor worship service on May 23. Session also approved the transfer of Juanita Toatley to Hermon Presbyterian Church in Rock Hill, SC (the church where her father had been pastor).

Elders-elect and Deacons-elect Bill Ediage, Morelle Fokwa, Sam Parris, Debbie Cornelius, Agnes Fokwa, Debbie Folly, Helen Francois, Ann Green, Nne Kalu and Kathy McNeely were examined and approved to be installed on June 6 during worship and ordained, if not previously ordained. Session also approved distribution of the church directory information to the incoming Deacon Board.

Session also approved an electronic vote to allow One Hanson Pharmacy of Woodbridge to hold COVID vaccination clinics on May 15 and June 12, 2021.

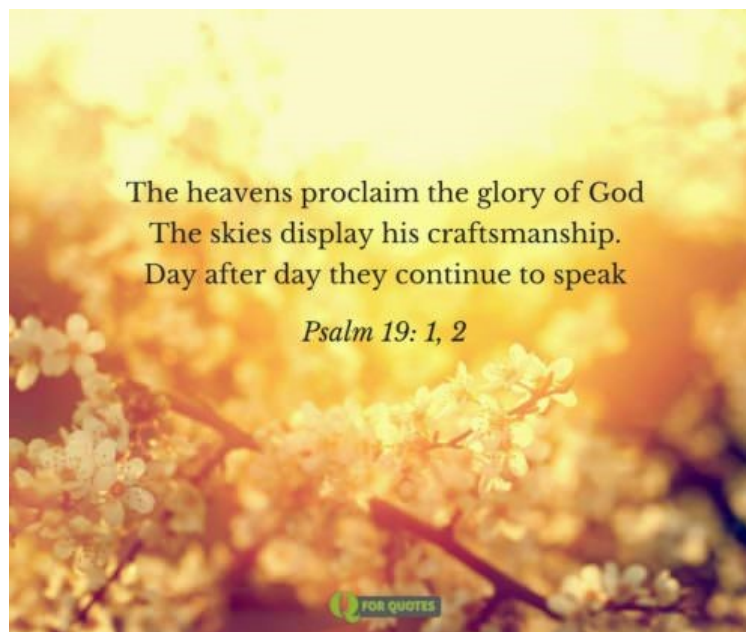
The report of the examination of the church's financial records was received. The treasurer and finance committee were commended for handling the church's finances and financial records well. A budget mapping showing the transition of expenses into the new ministry structure was also received.

Starting July 11, 2021, authorized ministries affiliated with the church may use the inside facilities as approved by the Safety and Security committee and the Session. The Chancel Choir and Praises Team were approved to have practices from May 19, 2021 onward for those fully vaccinated following all state and federal guidelines.

Session approved creation of a statement spelling out church values and asking employees and volunteers to comply with vaccination guidelines when working with children.

The Church Operating Procedures, Personnel, Sexual Harassment and other policies were approved as amended to comply with changes made for transition to the new organizational plan.

Submitted by Sara Porter, Clerk of Session



Congregational Care (Deacons)

The ministry of congregational care as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.

2021 BOARD OF DEACONS

A Ministry of Compassion and Service

Class of 2022

Debbie Cornelius
Liz Goolgasian
Anne Green
Charlotte Stultz

Class of 2023

Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger
Tracy Stevens

Class of 2024

Agnes Fokwa
Debbie Folly
Helen Franchois
Nne Kalu
Kathy McNeely

Debbie Folly, Co-Moderator..... 703-606-5532
Ellen Nuernberger, Co-Moderator 703-878-0009

We love to hear from you. If you need to be connected with your Congregational Care representative, please contact Debbie Folly or Ellen Nuernberger by calling the numbers listed above or the church office (703-670-7834).

Bible Drama Camp: *The Phantom Tollbooth Jr.*

To register your child, click on the Drama Camp registration link :

[FUPCDC Lighthouse Drama Camp 2021 \(google.com\)](#)

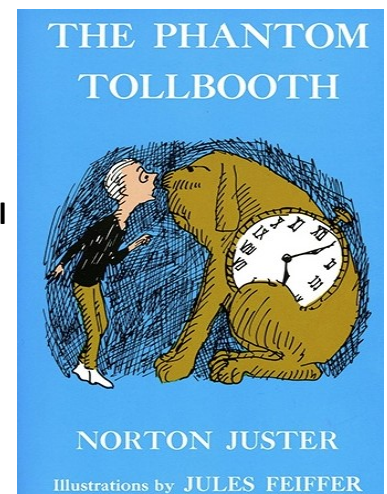
We will be performing *The Phantom Tollbooth Jr.*

Camp runs July 12th -23rd, 9:00 AM to 11:00 AM, on the church lawn with small groups working from 11 AM – noon. Performance will be on July 23rd at 7 PM

on the church lawn. The camp is FREE and limited to 20 campers (rising kindergarteners to rising 9th graders). All safety precautions (including masks and distancing) will be in place, following the guidance of Safety and Security and the state/federal guidelines. There will be Acting, Singing, Dancing, Crafts,

Bible Lessons, and SO MUCH FUN! Email Becca Anderson (andersonclarinet@gmail.com)

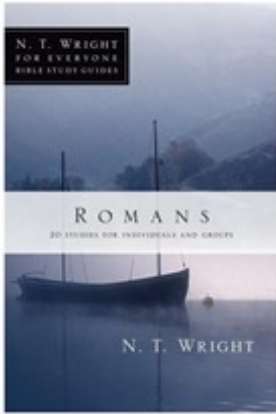
with any questions.



Adult Christian Education

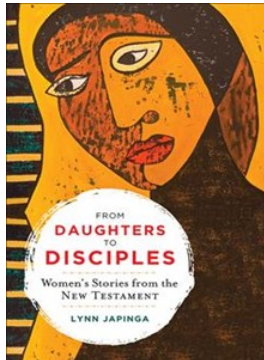
Spring Adult Education Classes

Romans Bible Study



As the spring is winding down and we prepare for summer we will conclude our study on the book of Romans on June 6. We will continue to study Romans for 9 more weeks in the fall. With a scholar's mind and a pastor's heart, N.T. Wright (and FUPCDC leader Curtis Hoagland) will walk you through Romans with this guide designed especially with everyday folks in mind. Perfect for group use, this study uses the popular inductive method combined with Wright's thoughtful insights to bring contemporary application of Scripture to life. This course is designed to help you understand Scripture in fresh ways under the guidance of one of the world's leading New Testament scholars. Thoughtful questions, prayer suggestions, and useful background and cultural information will guide our group more deeply into God's Word. We will look at the early church of Rome and some of their struggles, and how they compare to our world today. Discover how you can participate more fully in God's kingdom. We hope you can join us each Sunday from 8:30 AM - 9:30 AM on Zoom. Class Link: <http://www.fupcdc.org/class>

Women's Monday Bible Study also known as Bible Buddies



Anna, Mary, Lydia, Dorcus, Mary, Martha, Mary Magdalene, Elizabeth, Can we connect with any of these brave, complex, ancient sisters in the faith? Can their stories of dedication remind us of our Christian Call? "Jesus encouraged and supported women. When they are shamed or limited or restricted, he affirmed them and expanded their sphere of action." (From the Introduction)

You are invited to join the Ladies Bible Study to learn more about their stories: From Daughters to Disciples: Women's Stories from the New Testament by Lynn Japinga. For more information, please contact Betty Matthews through the church office office@fupcdc.org or 703-670-7834.

"Bible Buddies" is a group of FUPCDC ladies and their friends who meet from 7:00 PM - 8:30 PM every Monday on Zoom to discuss the book and share joys and concerns as they pray together and learn more about God.

Continued on page 13

Adult Christian Education

Pastor's Wednesday Evening Bible Study



Pastor Adam's Bible Study on Wednesdays at 7:00 PM, via Zoom, we are studying the Gospel of Matthew. All are welcome. The last class will be on Wednesday, June 9.

If you would like to join this study, please contact Pastor Adam at office@fupcdc.org

Fair Share Community Speaker Series – We hope to continue the Fair Share series in the fall. We will make announcements.

Women's Retreat - Saturday, June 5, 2021 (10 AM—12 Noon)



Rev. Anne Russ is an ordained pastor in the Presbyterian Church (USA). She runs Doubting Believer, an online, inclusive faith community and believes that a faith that struggles with questions is always stronger than one that never asks any. She is a writer, workshop leader and loud laughter. She currently resides in New York City.

Use this form to register for FUPCDC's FREE Virtual Women's Retreat - [Virtual Women's Retreat Registration \(google.com\)](#)

It will be held on **Saturday, June 5, 2021 (10 AM - 12 Noon)**. We will email you information on how to join Zoom once you register for the event. If you have any questions, please email Betsy Gilbert at betsy.gilbert24@gmail.com.



FUPCDC Earth Care Group

Know, Grow, and Go with FUPCDC to honor God's creation and reduce climate impact everywhere!

Reversing Soil Depletion Starts at Home

"Then God said, 'Behold, I have given you every plant yielding seed that is on the surface of all the earth, and every tree that has fruit yielding seed, it shall be food for you.'" Genesis 1:20

KNOW by learning about Earth Care until you're an expert!

Watch the "Dirt! The Movie" documentary to learn about how depleted our soil is and how to enrich it through composting: [Click here](#).

Learn how to start backyard compost:

Buy a compost bin for \$30 at the [Balls Ford Road Compost Facility](#) and learn how to start your own compost at home: [Click here](#).

Virginia Cooperative Extension "Backyard Composting" publication: [Click here](#).

GROW by committing to new Earth Care habits.

Commit to planting and growing one new plant (e.g., indoor herbs, outdoor garden, tree) or to start composting in some way (leaves, grass clippings, food scraps, etc.).

GO by putting your commitment into ACTION!

Plant and grow one new plant (e.g., indoor herbs, outdoor garden, tree) OR start composting in some way (leaves, grass clippings, food scraps, etc.).

Take photos and videos of you and your family putting your "Grow" commitments into action. We will collect and compile your submissions in August to show at September's Church Picnic, OR better yet:

Join our Facebook group! [Click here](#) to join our FUPCDC Earth Care Group and post your photos and videos there.

Look for the **Know-Grow-Go** button on our [FUPCDC Earth Care web page](#) for more suggestions.

The Earth Care Group expresses its gratitude to:

The Congregational Connections Committee for providing our congregation with reusable shopping bags. Ask for yours (if you haven't received one yet) at upcoming in-person worship services.

Little Hands Preschool



**Little Hands Preschool
Registration Open!**

www.fupcdc.org/lhps



Little Hands Preschool

FUNDRAISER

Thursday, June 24, 2021

12:00 PM - 9:30 PM

13796 Smoketown Rd.

Woodbridge

703-590-3478

Order online for curbside pick-up and have a percentage of the order go your organization. Visit the link below to order and include your organization name in the order notes.

www.sweetfrog.com/smoketown

(We cannot accommodate any other discounts in conjunction with this program.)

For more information, email: marketing@mysweetfrog.net

sweetFrog
premium frozen yogurt

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**Thank You for your
Participation!**

WE RAISED \$149.26

Our Chipotle Mexican Grill fundraiser would not have been possible without the support of everyone who purchased food, invited friends, and prayed for its success. Your support will help us purchase classroom equipment and supplies, buy educational toys, and train more Little Hands preschool teachers.

Mission and Outreach



P.O. Box 74
Dumfries, VA 22026
703-441-8606
Fax 703-221-3585
actspwc.org

April 14, 2021

First United Presbyterian Church of Dale City
14391 Minnieville Road
Woodbridge, VA 22193

Dear Friends,

On behalf of the ACTS Board of Directors, and those individuals your donation aides, I would like to thank you for your gift of \$1,150.00 on 3/8/2021.

While we know that in order to enjoy the May flowers we must endure the April showers, there are still plenty of other reasons to embrace this month. Members of our faith community brothers and sisters are celebrating Passover, Easter, and Ramadan. The weather is warming up nicely as we begin to step outside to enjoy all that spring has sprung.

Here at ACTS, we also spend the month of April joining others across the country in recognizing Sexual Assault Awareness month. According to a 2018 National Crime Victimization Survey, someone in the United States is sexually harassed, abused, assaulted, or raped every 73 seconds. Thanks to your contributions, ACTS Sexual Assault Services team is here to provide resources and support to all victims who come to us for assistance. While there is no end-date on this raging blight, your financial gift helps us remain steadfast in our mission to provide aid to those who come to us in crisis. With our voices raised together, we can affirm that no one must suffer alone.

We are grateful for your generosity, trust, and most importantly, your commitment to the ACTS mission to alleviate hunger, homelessness, and personal violence to help people achieve self-sufficiency in the Prince William County area.

We understand you can contribute to numerous organizations, and we sincerely thank you for selecting ACTS. In addition to your financial contribution, please consider donating your gently used furniture and other items to the ACTS Thrift Store. Your donation makes a difference in the numerous lives we benefit daily.

Sincerely,


Steven G. Liga
CEO

Thank for partnership!

The portion of the Revenue Reconciliation Act of 1993 relating to IRS regulations requires that charities certify whether donations were made in consideration of a transfer of goods or services from the recipient agency. ACTS certifies that this donation was not accompanied by such transfer.

UTILITY & FOOD
ASSISTANCE

HOUSING & SHELTER

THRIFT STORE

HELPLINE &
SUICIDE
PREVENTION

SEXUAL ASSAULT
SERVICES

DOMESTIC VIOLENCE
SERVICES



UW #8001
CFC #21878
CVC #8118

Mission and Outreach



P.O. Box 74
Dumfries, VA 22026
703-441-8606
Fax 703-221-3585
actspwc.org

April 26, 2021

First United Presbyterian Church of Dale City
14391 Minnieville Road
Woodbridge, VA 22193

Dear First United Presbyterian Church of Dale City,

On behalf of the ACTS Board of Directors, and those individuals your donation aides, I would like to thank you for your gift of \$1,280.00 on 11/23/2020.

We have so much for which to be thankful that sometimes seeing the generosity of this community is overwhelming. This past year was a very difficult year for all of us. But in the midst of a very dark chapter, you joined with so many others to offer a very bright spot. As a testament to just how important our work is here in Prince William County, we saw more individual donors this past year than we've seen in the entire history of our organization. We are incredibly grateful for this outpouring of support.

With all the blessings we saw towards the end of the year, we also ran into some technical difficulties. Our database, which we depend on for reliable efficient tracking of gifts like yours, developed a glitch that caused a number of donations to not be pulled into our monthly list of donors receiving acknowledgments. Thankfully, the glitch has been fixed and we are taking this opportunity to send our thanks to you. We appreciate your understanding and we are humbled by your continued commitment to helping us fulfill our mission.

We are grateful for your generosity, trust, and most importantly, your commitment to the ACTS mission to alleviate hunger, homelessness, and personal violence to help people achieve self-sufficiency in the Prince William County area.

We understand you can contribute to numerous organizations, and we sincerely thank you for selecting ACTS. In addition to your financial contribution, please consider donating your gently used furniture and other items to the ACTS Thrift Store. Your donation makes a difference in the numerous lives we benefit daily.

Sincerely,

A handwritten signature in black ink, appearing to read "Stuart Jackson".

Stuart Jackson, PhD, MBA.
COO

The portion of the Revenue Reconciliation Act of 1993 relating to IRS regulations requires that charities certify whether donations were made in consideration of a transfer of goods or services from the recipient agency. ACTS certifies that this donation was not accompanied by such transfer.

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CVC #8118

Mission and Outreach



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May 13, 2021

First United Presbyterian Church of Dale City
14391 Minnieville Road
Woodbridge, VA 22193

Dear Friends,

On Behalf of the ACTS Board of Directors, and those individuals your donation aides, I would like to thank you for your gift of \$300.00 on 4/9/2021 and \$200.00 on 4/26/2021.

May is a time of renewal as we see the signs of spring coming into full bloom. We celebrate our mothers and those that gave us life. We also see the caps and gowns of those finishing their education or preparing for the next step on their next academic journey. We also use the month to celebrate those who have given their life in service to our country. May is a time of making and celebrating memories of all kinds.

Especially significant to ACTS mission is the designation of May as Mental Health Awareness Month. Whether hungry or homeless or dealing with abuse or isolation from friends and family, mental health is an issue that impacts all of those who come to us for help. Our Helpline is the frontline resource available to everyone seeking assistance. Next month, I will share with you their successes in May.

Last month was Sexual Assault Awareness Month. Like those who staff our Helpline, our Sexual Assault Services team are unsung heroes. In April, they assisted 88 victims and their families, including 26 children and two victims of human trafficking, providing 168 individual support sessions.

Here at ACTS, we're continuing to engage in the work that you make possible. Without you, families would go hungry. Without you, families would have their utilities turned off or face eviction. Without you, crisis calls would go unanswered. Without you, victims of domestic violence and sexual assault would suffer alone. With you, we foster healing.

We are grateful for your generosity, trust, and most importantly, your commitment to the ACTS mission. Your donation makes a difference in the numerous lives who reach out to us daily.

Sincerely,

A handwritten signature in blue ink, appearing to read "Steven G. Liga".

Steven G. Liga
CEO/Executive Director

The portion of the Revenue Reconciliation Act of 1993 relating to IRS regulations requires that charities certify whether donations were made in consideration of a transfer of goods or services from the recipient agency. ACTS certifies that this donation was not accompanied by such transfer.

UTILITY & FOOD
ASSISTANCE

HOUSING & SHELTER

THRIFT STORE

HELPLINE &
SUICIDE
PREVENTION

SEXUAL ASSAULT
SERVICES

DOMESTIC VIOLENCE
SERVICES



UW #8001
CFC #21878
CVC #8118

Virtual Book Fair



Join us at the FUPCDC Mission Book Fair!

Monday, May 24 - Sunday, June 6

Due to the recent [conflict in Cameroon](#), many families with children have fled to the central and northern regions of the country to escape violence. Unfortunately, there are not enough schools for these children. FUPCDC members Bill Ediage and Therese Same felt called by God in 2019 to build a school to help out. Through God's provision, they were able to open the [ENIC International School](#) in the fall of 2020.

Our Missions Committee invites the members and friends of First United Presbyterian Church of Dale City, VA to help build a library for this new school in Cameroon!



There are TWO Ways to help!

Note: Choose “Little Hands Preschool” as the school when you order as we are using the Little Hands Preschool account.

1) You can buy books for the school in Cameroon. There is a wish list for books that would be appropriate and appreciated.

Wish List: www.signupgenius.com/go/30E084DAEA629A6FB6-fupcdc

Order Books: <https://www.scholastic.com/bf/fupcdc>

This purchase should be sent to:

**Bill Ediage & Therese Same
2768 Yosocomico Lane Apt. 203
Woodbridge,VA 22191**

The books will be sent to Cameroon, Africa this summer in special containers. Free shipping from Scholastic Book Fair to Bill & Therese on orders of \$25.

2) You can buy books for your kids, grandkids, and/or friends. Free shipping on \$25 or more! You can ship the books to any address in the USA and 25% of total sales goes back to the school in Cameroon...WIN, WIN!

Send a surprise package of summer reading favorites to your loved ones while showing love to those in need.



FUPCDC Members and founders of the ENIC International School in Cameroon,
Bill Ediage and Therese Same

Congregational Connections

CARE-A-VAN 4 JOY

We love these monthly visits and are also starting to revisit as well. If we've missed visiting you and you'd like the Care-A-Van 4 Joy to visit you, please let us know: betsy.gilbert24@gmail.com or call/text 703-343-3921.



Jeanette Gregory and Patricia Whitman



Rita Clager, Marlo Stapleton
and Ann Randles

Jeanette Gregory, Leigh Anderson



Kathy McNeely with Morty and
Sandy Chamberlin



Used with permission of Allison Greene Simmons, who grew up at FUPCDC, former member, and is now an ordained minister.

Girl... really?

I have been contemplating for several weeks how to address this topic because I feel I will get resistance. The past several weeks there have been multiple instances where who I am and my pastoral authority has been challenged. That's nothing new for me in general as a woman and an ordained woman. But here recently it's been worse and in the last week it's been mostly men who think they are entitled to something.

One of my biggest pet peeves is being addressed as "girl". I hear, "You're a pretty little girl to be a chaplain" or "they let a little girl like you be a chaplain" or "we don't want a girl chaplain" or "a girl chaplain... interesting" or "hey girl can you do X". And a variety of several other phrases. I recognize there are many other layers to these phrases including women in ministry and the role of chaplain. But what I am addressing now is the "girl". I can't stand even when other women call me "girl". And I definitely can't stand being called girl in professional settings.

So let's unpack this a little. According to Webster "Girl" is referring to a female child. So in case you aren't aware I am not a child. It is inaccurate to call me a girl. I haven't been a girl in about 16 years. I have birthed a child. I am able to drink, rent a car, have a mortgage etc. I am not a girl. I have responsibilities. I am able to care for myself.

Secondly, there is a power struggle here. But by referring to me as a girl you are making it evident you do not view me as a colleague or equal. You view me as "too young" or "Too immature" or "not experienced" but the message I hear is "I don't view you as equal to me:" If you would not refer to a male colleague as a "boy" don't do it to women.

Also the "hey girl" makes me think you have no idea what my name is. I was at a restaurant recently and this douche behind me at a table hollered for our waitress by saying "HEY GIRL. YOU GIRL. COME BACK GIRL". I first had to compose myself. I later said, "excuse me ma'am. I am sorry first because I don't remember your name. Secondly, I am sorry you were treated that way by the table behind us. You deserve more respect than that but I also recognize your tips depend on you taking that abuse." I thought she was going to cry. She told me how demeaning it was to constantly be treated so disrespectfully.

Look here's the thing. Language matters. How we refer to other human beings matter. As Mayim Bailik stated in her video, "When we use words to describe adult women that are typically used to describe children, it changes the way we view women." And yes words are just words. But if I always referred to you as "Trashy" would that not piss you off, affect how you are treated at work, or even become the narrative at work? I am aware some people reading this will think "Oh I get that" but others won't and will resist the conversation about this. But let me tell you what's happened.

1- We don't want a girl chaplain to visit.— dying patient's family. What message do you hear?

2- Why do I have to go through you? Girl- Two PASTORS recently (we won't get into those yet)

3- Why is the chaplain answering this call? Why is the chaplain a girl?— recent family Continued on Page 23

4- We don't believe in female preachers so a girl like you wouldn't be able to preach— coworker

5-Let me tell you how to come into the room (then proceeded to man-splain my job)— male pastor

6- Oh this is the little girl I was telling you about. --- Patient

7- ohhh you're too pretty a girl to be a chaplain— patient (so only ugly women are chaplains?)

I won't continue because this is in the past few weeks. Language matters. I am sure we can all agree that it's disrespectful to say "Aww look at that cute little boy up there preaching" talking about my fellow male colleagues who are pastors.

I encourage you to ponder for yourself the language you use when talking to people. How you interact with people. I think the thing I try to remember is I don't get to control what people prefer to be called. I hope I am open enough to explore their perspective and challenge myself instead of being defensive and trying to explain why their feelings are wrong.

Moral of the story. I am an adult woman. I don't want to be called girl. I am proud of how my body is aging and how it continues to work. I want to set an example for my son what a strong woman is and how it is not threatening.

So I am attaching a couple article I hope you will consider reading and exploring for yourself. These are people who are more eloquent than I am so I hope you can read with an open mind.

<https://kaylamdouglas.medium.com/im-not-a-girl-f968237830e4> <https://www.marketingsociety.com/the-library/stop-calling-me-girl> <https://www.theguardian.com/commentisfree/2015/jul/08/stop-calling-women-girls-its-either-patronising-or-sexually-suggestive>



Anything submitted may be altered, edited, or changed for continuity and clarity by the communications team.

Thank You



Thanks for your kind words.
We appreciate your thoughts and
all church members' kindness.

We moved in for two months
now. Everything is good. John and
I getting the routine. We are
happy through the virtual

worship with the church.

Please give our regards to
Rev. Adam and all the members
in the church.

Sincerely,
John & Jacqueline
Herder

You have established all the boundaries of the earth; You have made summer and winter.
- Psalm 74:17



Bethany
Joy
art