

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc

<https://www.youtube.com/c/FUPCDC>

Cast all your anxiety
on Him,



6th Sunday after Pentecost

July 17, 2022

10:00 AM

The Reverend Adam C. Bowling - Pastor

Adam.Bowling@fupcdc.org

828.448.8914

WE ASSEMBLE IN GOD'S NAME

BELLS

The three tolls call us to worship and symbolize our belief in the Triune God: Father, Son, and Holy Spirit. In quiet reverence, we prepare for worship.

PRELUDE

Savior, Like a Shepherd Lead Us
Justin Streletz, Pianist

Bradury, Arr. Wolaver

WELCOME

Pastor Michael Slayter

MINISTRY IN ACTION

Cathy Albrecht

+ **CALL TO WORSHIP** (*Matthew 11:28-29*)

Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.

+ **OPENING SONG**

I Will Not Be Shaken

Tony Guerrero (CCLI#: 3500107)

PRAYER OF THE DAY

Dear Lord in Heaven, we thank you for all the blessings you shower on us. May this day be special in our eyes as we come to your house to worship you, the one true God, our Father. In Christ's name we pray,
Amen.

CALL TO CONFESSION

Compassion and forgiveness belong to the Lord our God, though we have rebelled against him. Let us then renounce our willfulness and seek his mercy by confessing our sins in penitence and faith as we pray together saying. . .

PRAYER OF CONFESSION

Gracious God, our sins are too heavy to carry, too real to hide, and too deep to undo. Forgive what our lips tremble to name, what our hearts can no longer bear, and what has become for us a consuming fire of judgment. Set us free from a past that we cannot change; open to us a future in which we can be changed; and grant us grace to grow more and more in your likeness and image, through Jesus Christ, the light of the world. And now, hear us as we confess in the silence of our hearts...

(A Time of Silent Confession)

ASSURANCE OF PARDON

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace.

In Jesus Christ, our sins are forgiven!

+ **RESPONSE** *Glory to God, Whose Goodness Shines on Me (verse 1)* 582

**Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.**

+ **PASSING OF THE PEACE**

The peace of Christ be with you.
And also with you.

(Please share a sign of Christ's peace with those around you.)

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

Pastor Michael Slayter

PRAYER FOR ILLUMINATION

Guide us, O God, by your Word, and Holy Spirit, that in your light we may see light, in your truth find freedom, and in your will discover peace; through Christ our Lord,
Amen.

GOSPEL LESSON

Luke 10:38-42 NRSV

Now as they went on their way, he entered a certain village where a woman named Martha welcomed him. ³⁹ She had a sister named Mary, who sat at Jesus's feet and listened to what he was saying. ⁴⁰ But Martha was distracted by her many tasks, so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her, then, to help me." ⁴¹ But the Lord answered her, "Martha, Martha, you are worried and distracted by many things, ⁴² but few things are needed—indeed only one. Mary has chosen the better part, which will not be taken away from her."

This is the Word of the Lord.

Thanks be to God!

NEW TESTAMENT LESSON 1 Peter 5:7 NRSV
Cast all your anxiety on him, because he cares for you.

This is the Word of the Lord.
Thanks be to God!

SPECIAL MUSIC *The Faithful One* Chris Eaton, Brian White
Martin Andrews, Soloist

SERMON Trust - The Antidote for Worry Pastor Michael Slayter

INVITATION TO DISCIPLESHIP
If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with someone at the Welcome Table in the back of the sanctuary. For those worshipping online, please email Pastor Adam at adam.bowling@fupcdc.org. Know that ALL are welcome in this place!

WE RESPOND TO GOD'S WORD

+ **HYMN OF RESPONSE** *The Church's One Foundation* 321

Prayers of the People and the Lord's Prayer
. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

SERVICE OF GIVING
Music at the Offering *Stand In Your Love*
Ethan Hulse, Josh Baldwin, Mark Harris, Rita Springer (CCLI#: 7107821)

+ **DOXOLOGY** 606
*Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.*

+ **PRAYER OF DEDICATION**

Dear God in Heaven, you remind us to focus our ability on first loving you. Then, you urge us to reflect that love toward our neighbor. Create anew in our hearts a burning desire to care for your children. Encourage us to follow the caring ways that Jesus taught. Multiply these tithes and offerings so acts of tolerance and hospitality are extended through our ministry to all your children. In the name of Jesus Christ, we pray.
Amen.

WE GO IN GOD'S NAME

- + **SENDING HYMN** *Guide My Feet* 741
- + **CHARGE AND BENEDICTION** Pastor Michael Slayter
- + **BENEDICTION RESPONSE** *We Will Go out with Joy* 539
- + *Please stand, in body or in spirit.*

Pastor Adam will be out on medical leave, recovering from surgery until July 29th and on vacation, August 1st - 5th. Please contact your deacon, the church office, or Pastor Mike Slayter with pastoral care needs.

Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table at the rear of the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam, adam.bowling@fupcdc.org.
- * **WORSHIP ASSISTANT:** Douglas Randles
- * **FLOWERS** are given by Jeff and Kathy Cobb in thanksgiving for our family and friends.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.
- * **LIVE STREAM:** We live stream the worship services for those who are uncomfortable returning to in-person worship, or for those who are unable to join us in person at this time. Due to our Live Stream cameras, we ask that you use the side aisles once the worship service begins if you need to enter or exit the sanctuary, so that we keep an optimal camera view of the worship service for our at-home viewers. Thank you!

Ministry in Action

- ✦ **SEND MAIL TO BECCA WASHBURG AT CAMP HANOVER:** Nothing makes a staff member's day like receiving a letter. Members and friends of FUPCDC are encouraged to write to Becca, FUPCDC member and a staff member at Camp Hanover - there are 6 more weeks of camp! Thank you!

Camp Hanover
Becca Washburg
3163 Parsleys Mill Road
Mechanicsville, VA 2311

- ✦ **THURSDAY NEWS:** If you did not receive the Thursday News from First United on 7-14-2022, please let the church office know. We have been experiencing issues with the delivery of emails.
- * **HOLY FITNESS:** There will be online Zoom classes only from July 18th - July 29th. In-person and Zoom classes will resume on Monday, August 1st. The goal of Holy Fitness is to help aging adults with moving and maintain an independent lifestyle. The exercises are designed to improve strength, endurance, coordination, and balance. Minimum age for participation is 55. If you are interested in the program, please contact Fred Menke, fhmenke@verizon.net or the church office.

- * **50TH ANNIVERSARY VIDEOS:** At **9:15 AM** before the 10 AM worship service and **after the 10 AM worship service**, Cathy Albrecht will be available to make a video of you for the 50th Anniversary Celebration. Cathy will be in the Welcome Center. Please help us make our 50th anniversary special as you share your memories and hopes of the future of FUPCDC.
- * **SUMMER SUNDAY SCHOOL TEACHERS:** Please consider signing up to help with summer Sunday School for our kindergarten through sixth grade students! See the Thursday News to sign up. For more information, please contact Erin Bowling, erinkbowling@gmail.com.

Student Ministry News

- * **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|----------------------|--------------------------------|------------------|--------------------|
| * Jeannine Menzie | * Bill and Laura Parris | * Bill Gooding | * Leigh Anderson |
| * Lee Watenpaugh | * David and Melissa Behrens | * Deborah Folly | * Linda Ford |
| * Norman Cobb | * Baby Louisa Wolstenholme | * Sue Lickiss | * Norman Cox |
| * Sandra D'Imperio | * Majorie Lawrence | * Keith Peterman | * Nate Johnson |
| * Debbie Niederriter | * Pat Greenhalgh | * Todd Willever | * Grace Ofosu-Addo |
| * Mark Stewart | * Michael Moore | * Baby Raphael | * Ann Randles |
| * Andy Stewart | * Jason, Azena, Mikhail Corbin | * Tanya | * Rev. Bill Clark |
| * Cherie Sankey | * Amanda | | * Amy Smith |
| * Andy Chaff | * Frank Coniglio | | |

✝ Please email the church office and let us know of answered prayers and praises. Thank you!

All those serving in our military who are stationed away from home, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista (Ana Batista Caporaletti's daughter)

The churches of National Capital Presbytery, especially:

- ✝ Bethesda Presbyterian Church - Bethesda, MD
- ✝ Boyds Presbyterian Church - Boyds, MD

Calendar

July 17-24, 2022

SUNDAY, July 17

9:00 AM Children's Education
 9:00 AM NOOMA Bible Study (Adult/Youth)
 10:00 AM Worship - **ONE SERVICE**

MONDAY, July 18

9:00 AM Lighthouse Drama Camp
 10:30 AM Holy Fitness on Zoom
 8:30 PM Production Meeting - Google Meet

TUESDAY, July 19

8:30 AM TOPS
 9:00 AM Lighthouse Drama Camp
 1:00 PM Al-Anon
 6:30 PM Congregational Care Ministry Team
 7:00 PM BSA Troop 964 B
 7:00 PM BSA Troop 964 G
 7:30 PM Personnel Ministry Team
 7:30 PM AA
 7:30 PM Bull Run Troubadours

WEDNESDAY, July 20

9:00 AM Lighthouse Drama Camp
 10:30 AM Holy Fitness on Zoom

THURSDAY, July 21

9:00 AM Lighthouse Drama Camp
 3:00 PM Prayer and Praise Small Group
 7:00 PM Girl Scout Service Unit 80-5 Juliettes
 7:00 PM Ministry Team Leaders Meeting
 8:00 PM AA Support Group

FRIDAY, July 22

9:00 AM Lighthouse Drama Camp
 10:30 AM Holy Fitness on Zoom

SATURDAY, July 23

SUNDAY, July 24

9:00 AM Children's Education
 9:00 AM NOOMA Bible Study (Adult/Youth)
 10:00 AM Worship - **ONE SERVICE**
 3:00 PM Bereaved Parents of USA

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Parish Assistant.....	Pastor Michael Slayter
Chancel Choir Director.....	Dana Van Slyke
Pianist/Organist.....	Justin Streletz
Contemporary Worship Directors.....	Becca and Chris Anderson
Young People's Choir Directors.....	Becca and Chris Anderson
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director.....	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

 Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

 Little Hands Preschool, 703-878-2366

Anything submitted may be altered, edited, or changed for continuity and clarity by the communications team.