



First United Presbyterian Church of Dale City

Chronicles

July 2021



14391 Minnieville Road
Woodbridge, Virginia 22193
703-670-7834

<https://fupcdc.org>
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Find us on Instagram @fupcdc



People of the Church, Ministers
Rev. Adam C. Bowling, Pastor
Dana Van Slyke, Chancel Choir Director
Justin Streletz, Pianist/Organist
Rebecca and Chris Anderson,
Contemporary Worship Directors
Ike Evans, Jubilation Handbell Director
Sterling Tilley, III, Student Music Intern
Joann Paige, Nursery Supervisor
Tiffany Ramsey,
Little Hands Preschool Director
Homer Detrich, Sexton
Kim Parker, Office Manager

From Pastor Adam



FUPCDC Family of Faith,

I heard this funny story of a lonely guy who decided that life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet. After some discussion, he decided on a centipede, which came in a little white box to use as its house.

He took the centipede home, found a good location for the box, and then decided he would start off by taking his new pet to a restaurant to have dinner. So, he asked the centipede in the box, "Would you like to go out with me to have dinner?" But there was no answer from his new pet. This bothered him a bit, but he waited a few minutes and then asked him again, "How about going out for a meal with me?"

But again, there was no answer from his new friend and pet. So, he waited a few minutes more, thinking about the situation. He decided to ask him one more time; this time putting his face against the centipede's house and shouting, "Hey, in there! Would you like to go with me to have dinner?" A little voice came out of the box from the centipede: "Patience man! I heard you the first time! I'm putting on my shoes!"

Continued on page 2

Patience is something that many of us have trouble with: from driving down I-95 and coming to a long line of traffic and knowing we're going to be late, to arriving at a long line at the grocery check-out. We become annoyed and irritated at delays like this. We get worked up—we become very impatient.

One person defined patience as **“the ability to let your light shine after your fuse has blown.”** It's like looking for a highway exit when you're headed in the wrong direction; that second hour of *Monopoly*; and waiting for the light to turn green when you've spotted an empty parking space across the intersection.

Yes, patience is a virtue that comes hard for many of us. It's a quality we admire in others—perhaps the driver behind us, but we can't stand it in the driver in front of us. Patience is difficult because our pride, selfishness, and anger stand between us and patience. Many of us would have to admit that we find it difficult to be patient.

The Bible says it is important to be patient. Why is patience talked about in the Bible? Because God is patient with us, we need to be patient with our fellow human beings. That's not always easy, is it? Many of the people we must deal with—and sometimes even live with—can be obstinate, frustrating, selfish, inconsiderate, and absolutely impossible to please. They say and do the wrong things at the wrong time. Sometimes, they absolutely unnerve us.

The toddlers, tween, teen, and even adults in my house (myself included) are impatient sometimes. Our family has a song we sing when someone is being impatient. It goes like this:

**Be patient, be patient.
Don't be in such a hurry.
When you get impatient,
You only start to worry.
Remember, remember
That God is patient, too.
And think of all the times
That God has had to wait on you!**

As we begin to drop COVID-19 restrictions, we are all ready to get back to “the way things used to be.” Many of us are vaccinated, and are ready to run full steam ahead. We have been ready for months to get back to hugs, eating out, and “normal” worship. While it is hard, we must remember to be patient.

You see, friends, scripture calls us to look out for the least, the lost, the vulnerable, and those on the margins of society. We must be patient and remember that children eleven years and under are unable to get vaccinated against COVID, and others are immunocompromised and the vaccine doesn't protect them. Many places are understaffed, folks are burned out, and non-profits and churches lack the volunteers they need to operate at 100%. We here at FUPCDC plan to crawl, walk, and then run towards a new normal. But, we must crawl and walk before we can run.

What patience teaches us most of all is that God is still at work. God hasn't finished yet. Christ is working in our world and he's working in our lives, testing us sometimes, making us think through issues. Sometimes that's tough to see. Sometimes it's tough to believe. We've waited and waited and hoped and prayed, and things still aren't the way we remember, or the way we want them to be.

The story is told about the great 19th century New England preacher, Phillips Brooks, who was unusually frustrated and agitated one day. This is the man who wrote “O Little Town or Bethlehem” and he was normally a very controlled, calm person—the sort of man who could write, “... how still we see thee lie.” But this day, he was irritated, and when a close friend asked about it, Brooks said, **“Well, I'll tell you. I'm in a hurry; but God isn't.”** Peter tells us in the New Testament that a 1,000 years are like a day for God. But sometimes, we want God to act, and to act right now.

Continued on page 3

Patience teaches us to wait, to remember that God is still in charge. Patience reminds us that God isn't finished yet. We may not understand all there is to know. Patience is a hard thing to create. It is virtually impossible to make yourself be patient. We can't produce patience on our own.

But as we mature in our Christian faith, as we learn to trust more and more that God really is in charge of this world and our lives, then patience is the fruit that grows as a natural result of our relationship with God. Remember, patience is a fruit of the Spirit. **Galatians 5:22** says, **"God's Spirit makes us... patient"**. It's a fruit that God will grow. And God grows that fruit, as we grow in Christ. As we learn to trust him, as we learn to rely upon him, our patience grows.

I think the most important step we can take to develop patience is to *give God* control of our lives. **"I waited patiently for the Lord; he turned to me and heard my cry,"** says Psalm 40:1. **Think of it this way: every time you and I lose our patience, we're saying in effect, "I'm in control and God's not!" not- We're taking God out of the driver's seat and putting ourselves in it.**

So, friends, let us all trust in God as we crawl, walk, and run towards our new normal. Let us remember that God is good and God is in control. And if you are feeling impatient, try singing the patience song.

On the journey with you,

Pastor Adam
828-448-8914
adam.bowling@fupcdc.org



Session Notes

June Report from Session

At the June 15 meeting of the newly formed Session, Elders were led by Attorney Lori MacKenzie in a discussion about what is policy (why we do something) versus procedure (how we do something). In the future, the Session will be mostly involved in policy decisions while the Ministry Team Leaders (MTLs) will be working with procedures as they carry out the ministries of the church.

Next, she also facilitated a discussion about conflict of interest in doing our work, using a scenario of a possible situation and looking at the various steps along the way as to what would be a conflict of interest or not be, and what a person should do if it appears that there is a conflict of interest. All Session members, MTLs and staff, including the Little Hands Preschool Director and staff have been made aware of our conflict of interest policy and annually sign a form indicating that they know about the policy and will abide by it.

Session learned that Little Hands Preschool (LHP) is hosting an Open House on July 17 from 9:00 AM to 11:00 AM, under the tent on the lawn near the parking lot, including families who have registered for the coming school year or who have shown an interest in the preschool. The event is open to the public and will be advertised in the community. Pastor Adam will be presenting a magic show among other activities and tours of the classrooms will be available during this time. The preschool is also hosting a spirit night at Sweet Frog on June 24.

At the last LHP Advisory Board meeting, Sue Lickiss was presented with a glass plaque honoring her twenty (20) years of service to the preschool. She was treasurer for many years and a member of the Board. She is moving from the community and will be missed.

The Electronic Sign Task Force presented an update on their progress. Session approved additional funding for the sign in order to secure what is needed for equipment and installation.

A joint motion from the Stewardship and Finance team and the Growing in Faith team to purchase video conference equipment to allow hybrid meetings from the church was approved. This will allow a group meeting at the church to include others electronically as part of the meeting.

A joint motion from the Stewardship and Finance team and the Safety and Security committee to purchase two UV air purification systems (one for the preschool area and one for the sanctuary) was approved. This will increase the quality of the air in both locations.

Elder Liaison responsibilities were assigned; the first person is the primary liaison to the Ministry Team and the second person is the alternate/backup).

Administration: Sam Parris, Pat Manalio

Congregational Care (Deacons): Linda Wolstenholme, Marti Hall

Evangelism and Outreach: Marti Hall, Chris Martin

Fellowship: Cathy Albrecht, Bill Ediage

Growing in Faith: Pat Manalio, Linda Wolstenholme

Mission: Morelle Fokwa, Jon Guest

Property: Jon Guest, Cathy Albrecht

Stewardship and Finance: Chris Martin, Sam Parris

Worship: Bill Ediage, Morelle Fokwa

Nominating Committee Chair: Linda Wolstenholme

The Ministry Team Leaders will usually meet on the third Thursday of the month and the Session will usually meet on the fourth Thursday, with adjustments as needed in November and December.

Submitted by Sara Porter, Clerk of Session

Congregational Care (Deacons)

The ministry of congregational care as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.

2021 BOARD OF DEACONS

A Ministry of Compassion and Service

Class of 2022

Debbie Cornelius
Liz Goolgasian
Anne Green
Charlotte Stultz

Class of 2023

Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger
Tracy Stevens

Class of 2024

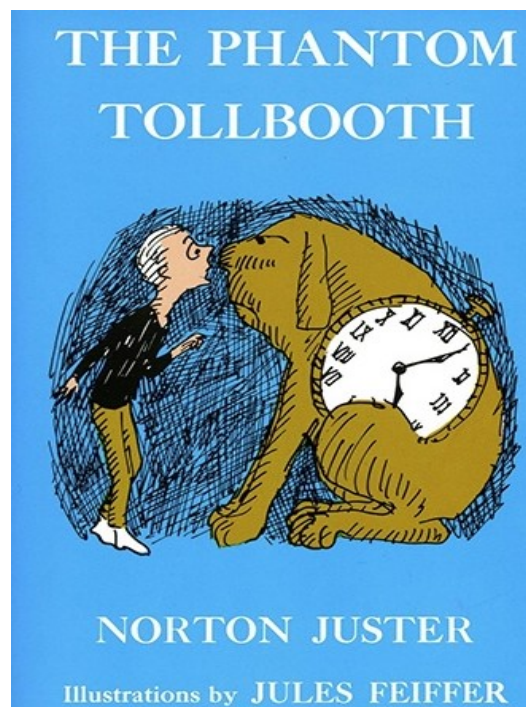
Agnes Fokwa
Debbie Folly
Helen Franchois
Nne Kalu
Kathy McNeely

Debbie Folly, Co-Moderator..... 703-606-5532
Ellen Nuernberger, Co-Moderator703-878-0009

We love to hear from you. If you need to be connected with your Congregational Care representative, please contact Debbie Folly or Ellen Nuernberger by calling the numbers listed above or the church office (703-670-7834).

Bible Drama Camp: *The Phantom Tollbooth Jr.*

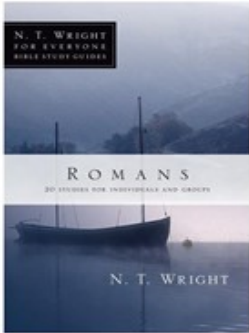
The Lighthouse Drama Camp will be performing *The Phantom Tollbooth Jr.* on July 23 at 7:00 PM on the church lawn. Please come, bring a chair, and enjoy the performance.



Adult Christian Education

Adult Education Classes - No Summer classes

Romans Bible Study



We will continue to study Romans for 9 more weeks in the fall.

Pastor's Weekly Bible Study

Pastor's weekly Bible Study will begin in the fall on Wednesdays at 7:00 PM.

Fair Share Community Speaker Series - We hope to continue the Fair Share series in the fall. We will make announcements.

Horizons (Ladies' Bible Study) - Horizons will meet on the second Monday of each month at 9:30 AM, starting on Monday, September 13.

Women's Monday Bible Study (Bible Buddies)

Bible Buddies will meet on Mondays at 7:00 PM , starting September 13.

FEMALE IN AFRICA

The FUPCDC Bible Buddies recently completed their first philanthropic project. Under the guidance of Emma Turay, one of the leaders of Female in Africa, the Bible Buddies donated sustainable feminine hygiene products, dental products, and gently used clothing to a group of women in Sierra Leone. A lack of feminine hygiene products has limited the activities of many of these women. The Bible Buddies were thrilled to gather and send donations which would improve the lives of these African women. The FUPCDC Bible Buddies are thankful to God that this mission was a success. Bible Buddies will start back in the fall.





FUPCDC Earth Care Group

Know, Grow, and Go with FUPCDC to honor God's creation and reduce climate impact everywhere!

Keep the Hives Alive

"Then God said, 'Behold, I have given you every plant yielding seed that is on the surface of all the earth, and every tree that has fruit yielding seed, it shall be food for you.'" Genesis 1:20

KNOW by learning about Earth Care until you're an expert!

[Click Here](#) to watch the "Marla Spivak: Why bees are disappearing" free documentary and learn why bee hives are collapsing at an alarming rate and why our food supply depends on them.

GROW by committing to new Earth Care habits.

Commit to **eliminate neonicotinoid pesticide use at home**. Reduce use of other pesticides as well. If you must spray pesticides in your garden, **never spray them onto the flowers**.

GO by putting your commitment into **ACTION!**

- ◇ **Eliminate neonicotinoid pesticides at home**, and to reduce other pesticide use. If you must spray pesticides in your garden, **never spray the flowers**.
- ◇ **Plant pollinator-friendly plants in your garden**. [Click here](#) to see the 10 Best Annuals for Pollinators.
- ◇ **Take photos and videos** of you and your family putting your "Grow" commitments into action. We will collect and compile your submissions in August to show at September's Church Picnic, OR better yet:
- ◇ **Join our Facebook group!** [Click here](#) to join our FUPCDC Earth Care Group and post your photos and videos there.

Look for the **Know-Grow-Go** button on our [FUPCDC Earth Care web page](#) for more suggestions.

Prayers with the Pastor and Worship Team

Thank you for signing up for praying with the pastor! Moving forward, the worship team is making some slight changes to this process. We will still be praying with the pastor prior to each service, but we will be joining the pastor and worship team (choir, etc.) for prayers in the library prior to the 8:30 service and in the front of the sanctuary prior to the 11:00 service. The prayers will be offered for the pastor and AND the worship team.

When you sign up for this you can heartfully lead the prayer, read from a prayer that you have prepared ahead of time (or use one that follows this message), OR you could stand by the pastor and inform him that you prefer that he pray for the group and you can lay your hands on the pastor while he is praying and pray silently.

Please let Gail Cobb know if you would like to be added to the Prayers with the Pastor and Worship Team email list, or if you are no longer interested participating. Thank you and God Bless!

Prayer Example: Father, we thank you for the blessings of this day, a day when we gather as a church family to praise, honor, and glorify your holy name. We pray that the Holy Spirit will guide and direct our worship this morning. Be with Pastor Adam and the worship team as they read the words from the Holy Bible. Let those words, the words of the sermon and of the songs we sing, touch the hearts of those that they are specifically intended to reach. May the Holy Spirit move mightily in this church.

Little Hands Preschool



**LITTLE HANDS
PRESCHOOL
REGISTRATION OPEN!**

LEARN MORE:
www.fupcdc.org/lhps



OPEN HOUSE

**Saturday, July 17
9:00 - 11:00 AM**

CLASSROOM
TOURS
—

**Registration On the Spot
ages 2.5-5 years available**

GAMES
—

First United Presbyterian Church of Dale City
14391 Minnieville Rd. Woodbridge
(look for the Big Tent on the lawn)

MAGIC SHOW
10:00-10:30
—

**CHILDREN &
FAMILIES WELCOME!**



CONTACT US:

703-878-2366

Email:
littlehands@fupcdc.org


SPRIT NIGHT
FUNDRAISER

**Little Hands Preschool
Thursday, July 22
5:00 PM - 8:00 PM**

Join us for good food at: Chick-fil-A Dumfries 3880 Fettle Park Drive

20% of sales will be given back to your school on MOBILE or DRIVE-THRU orders. Just Mention Little Hands Preschool in Drive-thru or on the mobile "Special Instruction Field" when placing your mobile Order.

Mission and Outreach

Save the Date: The FUPCDC Lighthouse Drama Camp 2021 will perform *The Phantom Tollbooth Jr.* on **July 23 at 7:00 PM** on the church lawn.

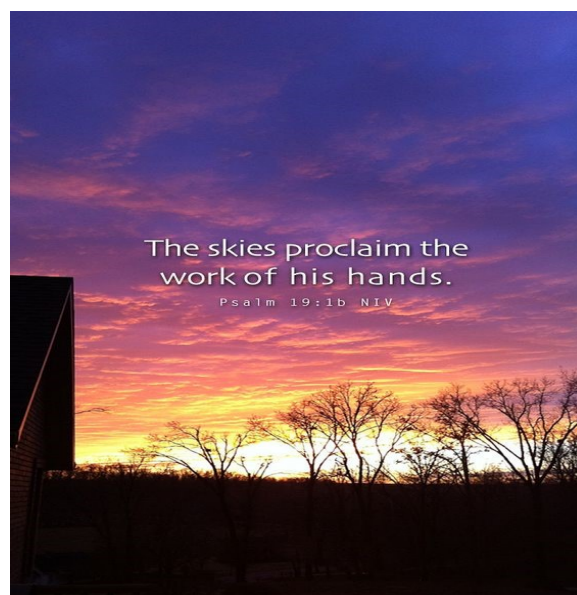
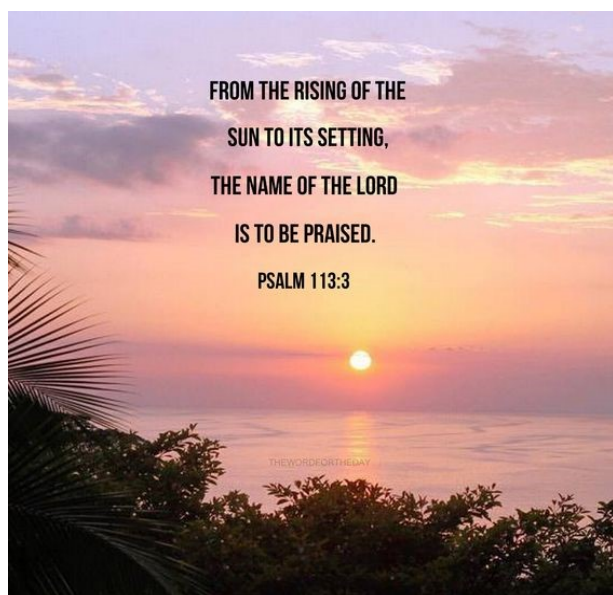
Disaster Relief: Recently many of our brothers and sisters experienced devastating losses caused by the tornados in the south and in the Chicago area. If you are in a financial position to do so, we encourage you to help FUPCDC support the disaster relief by making a special donation for this ministry. If you donate by check or through your bank bill pay please write *Disaster Relief* in the memo line; if you give online please enter *Disaster Relief* in the notes section. **Thank you for your generous support of FUPCDC ministries.**

FUPCDC Virtual Book Fair: A big “Thank You” to everyone who supported the Scholastic Book fair to benefit the ENIC International Elementary School in Cameroon. Over 100 books and multiple book sets were ordered for the school. With the scholastic credit from book fair purchases, we were also able to order an additional 25 books. We are aware that there were some technical issues with ordering from the Scholastic Book website. We apologize for the difficulties and applaud you for a successful book fair.

On behalf of myself and the entire staff of ENIC International Elementary school in Cameroon we would like to thank the First United Presbyterian Church Dale City for their generosity and support in providing books for our institution. We are so grateful and may the Almighty continue to replenish your resources. Thank you, Bill & Therese

Fall Clean-Up

Mark your calendars! Fall clean-up will be held on **Saturday, October 2 from 9:00 AM – 12 noon.** Rain date: Saturday, October 9, same times. More information will be in a future newsletter and bulletin.



Mission and Outreach



P.O. Box 74
Dumfries, VA 22026
703-441-8606
Fax 703-221-3585
actspwc.org

June 17, 2021

First United Presbyterian Church of Dale City
14391 Minnieville Road
Woodbridge, VA 22193

Dear Friends,

On Behalf of the ACTS Board of Directors, and those individuals your donation aides, I would like to thank you for your gift of \$400.00 on 5/24/2021.

June is such a wonderful time for celebration. Our students are celebrating graduation or the start of vacation. Our families are celebrating their fathers. And we are all celebrating the start of the summer season. As pandemic restrictions are being relaxed, it's a joy to spend time with loved ones we haven't been able to interact with in a very long time. Personally, this weekend will be the first time since Christmas 2019 that I will be seeing my parents.

June is also Mental Health Month, Pride Month, and the first recognition of Juneteenth as a National Holiday. ACTS will be closed for Juneteenth to mark the occasion with our black and brown brothers and sisters, has been working with Casa BruMar to spread the word that ACTS is a welcoming and safe place for the everyone in the LGBTQ community, and has just signed a renewal contract with George Mason University to again host up to a dozen clinical behavioral health interns to ensure we can provide the most comprehensive services for our neighbors turning to us in crisis. It is a busy month!

Next month, I will fill you in on the extensive renovations we are making to the Thrift Store and Emergency Shelter in Dumfries. Neither facility has had much love for far too long. Maybe I will include pictures. It is an exciting time for all of us.

We are grateful for your generosity, trust, and most importantly, your commitment to the ACTS mission to alleviate hunger, homelessness, and personal violence to help people achieve self-sufficiency in the Prince William County area.

Sincerely,

A handwritten signature in blue ink, appearing to read "Steven G. Liga".

Steven G. Liga
CEO/Executive Director

The portion of the Revenue Reconciliation Act of 1993 relating to IRS regulations requires that charities certify whether donations were made in consideration of a transfer of goods or services from the recipient agency. ACTS certifies that this donation was not accompanied by such transfer.

UTILITY & FOOD
ASSISTANCE

HOUSING & SHELTER

THRIFT STORE

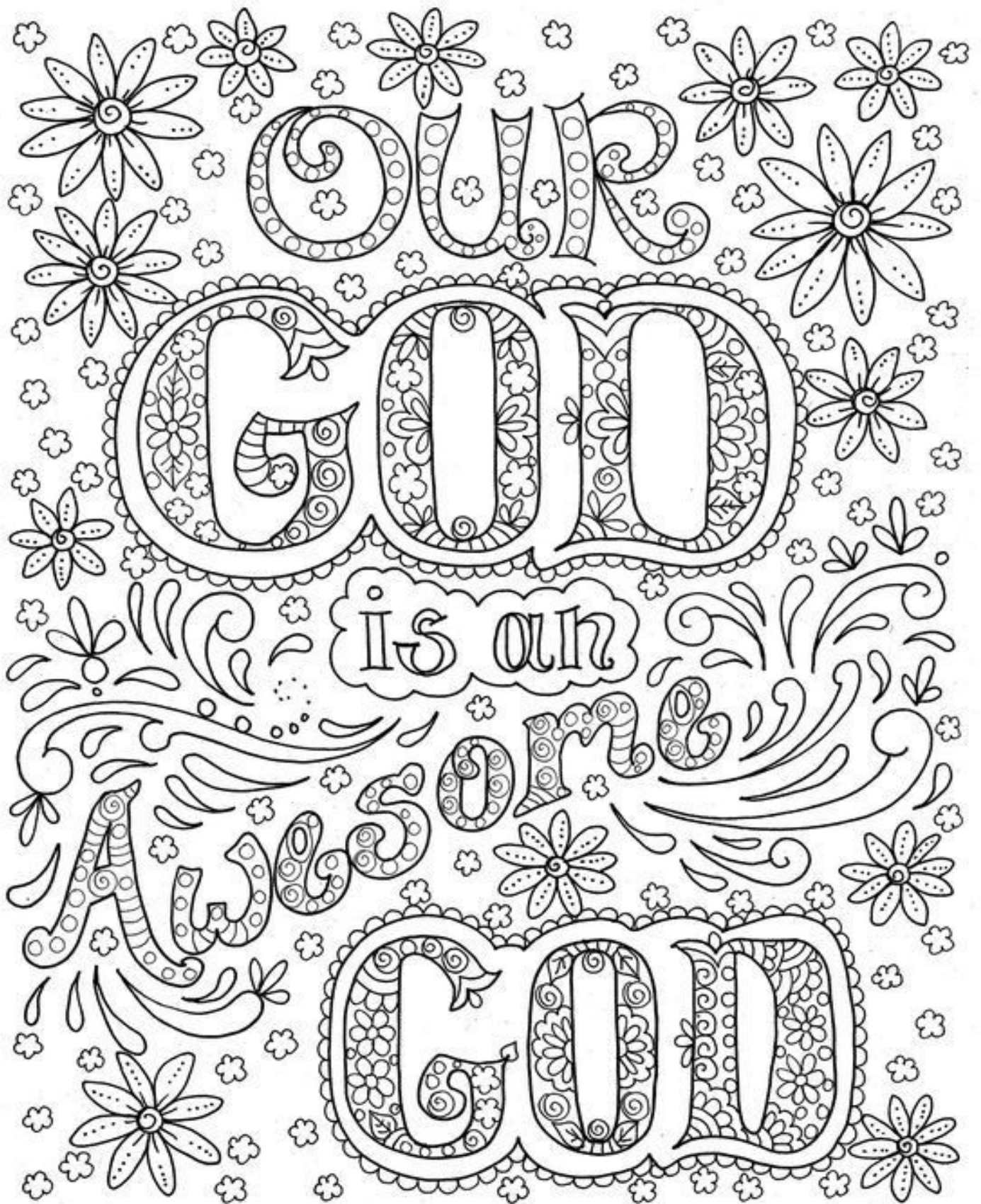
HELPLINE &
SUICIDE
PREVENTION

SEXUAL ASSAULT
SERVICES

DOMESTIC VIOLENCE
SERVICES



Anything submitted may be altered, edited, or changed for continuity and clarity by the communications team.



“The Lord, your God, is the God of gods, the Lord of lords, the great God, mighty, and awesome.” - Deuteronomy 10:17