

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



18th Sunday in Ordinary Time
August 2, 2020
10:00 AM

The Reverend Adam C. Bowling - Pastor
Adam.Bowling@fupcdc.org
828.448.8914

WE ASSEMBLE IN GOD'S NAME

+ **GATHERING SONG**

10,000 Reasons (Bless the Lord)

Jones Myrin, Matt Redman (CCLI#: 60016351)

Chorus

Bless the Lord O my soul
O my soul
Worship His holy name
Sing like never before
O my soul
I'll worship Your holy name

Verse 1

The sun comes up it's a new day dawning
It's time to sing Your song again
Whatever may pass and whatever lies before me
Let me be singing when the evening comes

Verse 2

You're rich in love and You're slow to anger
Your name is great and Your heart is kind
For all Your goodness I will keep on singing
Ten thousand reasons for my heart to find

Verse 3

And on that day when my strength is failing
The end draws near and my time has come
Still my soul will sing Your praise unending
Ten thousand years and then forevermore

Ending

Worship Your holy name
Lord I'll worship Your holy name

WELCOME

+ CALL TO WORSHIP

Come, sing and dance before the Lord.

Praise God with the sound of music and dancing!

Let every soul sing God's praises!

Let the mountains tremble and the seas roar!

Praise the King of glory who guides our lives.

Praise the Lord of hosts who watches over us.

Let us Worship God!

+ OPENING HYMN

God of Grace and God of Glory

307

1 God of grace and God of glory,
on thy people pour thy power;
crown thine ancient church's story;
bring its bud to glorious flower.
Grant us wisdom, grant us courage,
for the facing of this hour,
for the facing of this hour.

2 Lo! the hosts of evil round us
scorn thy Christ, assail his ways!
From the fears that long have bound us
free our hearts to faith and praise.
Grant us wisdom, grant us courage,
for the living of these days,
for the living of these days.

3 Cure thy children's warring madness;
bend our pride to thy control;
shame our wanton, selfish gladness,
rich in things and poor in soul.
Grant us wisdom, grant us courage,
lest we miss thy kingdom's goal,
lest we miss thy kingdom's goal.

4 Save us from weak resignation
to the evils we deplore.
Let the gift of thy salvation
be our glory evermore.
Grant us wisdom, grant us courage,
serving thee whom we adore,
serving thee whom we adore.

PRAYER OF THE DAY

Becca Washburg

God of our hopes and dreams, we are empty, and long to be filled; we are hungry, and long to be fed; we are lost, and long to be found. Gather us into your love, and pick up the pieces of our lives, just as Jesus gathered up the fragments of the five loaves and two fish that remained after feeding the five thousand. Call us anew to eat our fill and to find our true nourishment in Jesus, the bread of heaven.

Amen.

Becca Washburg

CALL TO CONFESSION

We are the people of God, but Scripture reminds us that we still sin. We need to confess our failures, knowing that the Lord Jesus intercedes for us with the Father, who freely forgives us, through his infinite goodness and mercy. So let us draw near to God with sincerity and confidence, as we pray together. . .

PRAYER OF CONFESSION

Becca Washburg

We come believing in our emptiness,
believing that we will never have enough,
believing that what we have is unworthy.

We come fearful of sharing,
fearful of losing our tenuous grip on security,
fearful of touching and knowing the pain of others.

We come overwhelmed by the hunger,
overwhelmed by the suffering of children near and far,
overwhelmed by the endless tales of senseless violence, greed, and death.

We come aching from the weight of the responsibility,
aching from the chilling challenge of knowing our abundance,
aching from the gnawing awareness that we have much to share.

We come clinging to our meager lunches;
bless them, and us.
break them, and us.
share them, and us.

Hear us now, as we continue to confess in the silence of our hearts. . .

(Silence is kept)

ASSURANCE OF PARDON

God is merciful and pours God's love on us abundantly.
Hearing this good news, know that we are forgiven and be at peace!
Thanks be to God!

Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.

+ **PASSING OF THE PEACE**

The peace of Christ be with you.
And also with you.

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

OLD TESTAMENT LESSON

Isaiah 55:1-5 NRSV

Rev. Larry Greenslit

Ho, everyone who thirsts,
come to the waters;
and you that have no money,
come, buy and eat!
Come, buy wine and milk
without money and without price.
²Why do you spend your money for that which is not bread,
and your labor for that which does not satisfy?
Listen carefully to me, and eat what is good,
and delight yourselves in rich food.
³Incline your ear, and come to me;
listen, so that you may live.
I will make with you an everlasting covenant,
my steadfast, sure love for David.
⁴See, I made him a witness to the peoples,
a leader and commander for the peoples.
⁵See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the LORD your God, the Holy One of Israel,
for he has glorified you.

This is the Word of the Lord.
Thanks be to God!

³⁰ The apostles gathered around Jesus, and told him all that they had done and taught. ³¹ He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. ³² And they went away in the boat to a deserted place by themselves. ³³ Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴ As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. ³⁵ When it grew late, his disciples came to him and said, "This is a deserted place, and the hour is now very late; ³⁶ send them away so that they may go into the surrounding country and villages and buy something for themselves to eat." ³⁷ But he answered them, "You give them something to eat." They said to him, "Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?" ³⁸ And he said to them, "How many loaves have you? Go and see." When they had found out, they said, "Five, and two fish." ³⁹ Then he ordered them to get all the people to sit down in groups on the green grass. ⁴⁰ So they sat down in groups of hundreds and of fifties. ⁴¹ Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. ⁴² And all ate and were filled; ⁴³ and they took up twelve baskets full of broken pieces and of the fish. ⁴⁴ Those who had eaten the loaves numbered five thousand men.

SPECIAL MUSIC

How Deep the Father's Love For Us

Stuart Towend

Martin Andrews, Soloist

Kaleb Brasee, Accompanist

SERMON

Something to Eat

Rev. Larry Greenslit

WE RESPOND TO GOD'S WORD

+ **HYMN OF RESPONSE**

Blessed Assurance, Jesus is Mine!

839

1 Blessed assurance, Jesus is mine!
 Oh, what a foretaste of glory divine!
 Heir of salvation, purchase of God,
 Born of His Spirit, washed in His blood.

Refrain:

This is my story, this is my song,
Praising my Savior all the day long;
This is my story, this is my song,
Praising my Savior all the day long.

2 Perfect submission, perfect delight,
Visions of rapture now burst on my sight;
Angels, descending, bring from above
Echoes of mercy, whispers of love.

3 Perfect submission, all is at rest,
I in my Savior am happy and blest,
Watching and waiting, looking above,
Filled with His goodness, lost in His love.

SERVICE OF GIVING

Music at the Offering

Prayer is the Key

Sung by the Ediage Family: Bill Ediage, Therese Same, Paul, and Ange-Lashawn

+ **DOXOLOGY**

Praise God, from Whom All Blessings Flow

606

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.

+ **PRAYER OF DEDICATION**

Lee Watenpaugh

Merciful God, the gifts we bring are so small in comparison to the vast needs in our world—nowhere near enough to save the thousands dying of starvation around the world, or even to meet the needs of the hungry and homeless in our city. Yet we have brought what we can. As You once multiplied the five small loaves and two fish, multiply these gifts as well, so that, once again, the hungry may receive all they need, and more. In Christ's name we pray.

Amen.

THE SACRAMENT OF THE LORD'S SUPPER

INVITATION TO THE LORD'S TABLE

GREAT PRAYER OF THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise. . .

THE LORD'S PRAYER (*Sung*) Dana Van Slyke, Soloist

Albert Hay Malotte

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever.
Amen.

WORDS OF INSTITUTION

COMMUNION OF THE PEOPLE

Music during Communion *Let Us Break Bread Together* TRADITIONAL SPIRITUAL, Arr. Cindy Berry
Justin Streletz, Pianist

PRAYER AFTER COMMUNION

Lord God, in deep gratitude for this moment, this meal, these people, we give ourselves to you. Take us out to live as changed people because we have shared the living bread and cannot remain the same. Ask much of us, expect much from us, enable much by us, encourage many through us. So, Lord, may we live to your glory, both as inhabitants of earth and citizens of the commonwealth of heaven.
Amen.

WE GO IN GOD'S NAME

+ ***CLOSING SONG***

Amazing Grace (My Chains Are Gone)

Chris Tomlin, John Newton, Louie Giglio (CCLI#: 4768151)

Verse 1

Amazing grace how sweet the sound
That saved a wretch like me
I once was lost but now I'm found
Was blind but now I see

Verse 2

'Twas grace that taught my heart to fear
And grace my fears relieved
How precious did that grace appear
The hour I first believed

Chorus

My chains are gone I've been set free
My God my Savior has ransomed me
And like a flood His mercy rains
Unending love amazing grace

Verse 3

The Lord has promised good to me
His word my hope secures
He will my shield and portion be
As long as life endures

Verse 4

The earth shall soon dissolve like snow
The sun forbear to shine
But God who called me here below
Will be forever mine
Will be forever mine
You are forever mine

+ **CHARGE AND BENEDICTION**

+ **POSTLUDE**

All Creatures of Our God and King
Justin Stretetz, Pianist

LASST UNS ERFREUEN, Arr. Mark Hayes

+ *Please stand, in body or in spirit.*

CAPT, USN (Ret) Lawrence P. Greenslit, M.Div, MSS, EdD



Larry was raised in Baltimore, Maryland, the third of six children. After graduating from Gordon College in 1975 with a B.A in History, he attended Fuller Theological Seminary, graduating with a Master of Divinity in 1978. There he met and married Amy, his wife of 40 years. In 1982, he was ordained as a minister in the former United Presbyterian Church (USA), and served as the solo pastor of the Presbyterian Church of Plumville, Pennsylvania, for four years. In 1986 he was commissioned as a Lt(jg) in the United States Navy Chaplain Corps. Over a 27-year career, he served the Navy, Marine Corps, and Coast Guard in a variety of billets, both afloat and ashore. He retired from the Navy in 2013, then moved to Woodbridge, Virginia, where he and Amy now live. He served as a civilian facilitator for the Navy's CREDO program for one year, designing and conducting marriage enrichment retreats. In 2014, he accepted the position of Director of the Presbyterian Council for Chaplains and Military Personnel and served for three years before retiring from active ministry in 2017.

Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at office@fupcdc.org or call at 703-670-7834.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message and text "@fupcdc" to 81010. You can unsubscribe at any time.

Ministry in Action

- * **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on Saturdays from 8:30-9:10 AM on Zoom: 8/22, 8/29, 9/5, 9/12. Classes are always free, just click this link to sign up: [CLICK HERE TO VIEW THE SIGNUP](#).
- * **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glyer at lizglyer@gmail.com.
- * **BIBLE BUDDIES:** Please join the Monday evening Ladies' Bible Study (aka, Bible Buddies) via Zoom on Mondays at 7:00 PM. Our study is called *Parables from the Back Side, Volume 1, Bible Stories with a Twist*, by J. Ellsworth Kalas. The book can be ordered on Amazon Prime which is promising 2-day delivery at this time.
Questions or need help ordering your book? Contact Marti Hall at 703-626-2269 or martihall@comcast.net. In addition, if you are not already a part of the group, please let Marti know so she can send you the Zoom address or phone number.
- * **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at samjpparris@aol.com.
- * **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, jon.a.guest@gmail.com.
- * **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer, please email Sam Parris, samjpparris@aol.com.
- * **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, office@fupcdc.org.

- * **SEWING FACE MASKS:** In keeping with FUPCDC's commitment to serve the needs of the community, the Mission and Outreach Committee is launching a campaign to make face masks and distribute them where they are needed within the local community. We are committed to donate masks to the Greater Prince William Community Health Center and to Westminster at Lake Ridge for both staff and residents. If you have any questions about the Face Mask Ministry please call Pat Manalio (703-283-2948) or Lora Nedimyer (703-680-5526).
- * **GIVING:** We thank you for your continued support of the ministries, staff, and programs of FUPCDC. There are 2 ways to give: You can mail your gift to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193. You can also give online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.

Student Ministry News

- ✝ **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 8101

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|-----------------------------|----------------------------|-------------------|------------------|
| ✝ Ross Hammonds | * Paula and Bob Robinson | * Timothy Elliott | * Joanne and Bob |
| ✝ Sarah Manning | * Grace Oforu-Addo | * Norman Cox | * Elizabeth |
| ✝ Mary Ellen and family | * Linda Chrzan | * Becky Elliott | * Makayla Brain |
| * Ashleigh * Josh | * Richard Peck | * Jerolyn Randles | * Jim Randles |
| * Bill and Luara Parris | * Barb McGill | * Larry Menzie | * Hunter Martin |
| * Ida Van Wingerden | * Amerie * Chris | * Linda Ford | * Lynn Wilson |
| * Charlie and Martha Ashton | * Baby Louisa Wolstenholme | * Mildred Shenk | * Mark Levy |
| * Jason, Adriana , Michael | * Frank and Ann Measamer | * Michael Bowling | * Sandy Stamps |
- ✝ Please pray for all essential workers.

Celebrations of joys with thanksgiving to God:

- ✝ Many thanks to the deacons and congregation for their prayers, cards, flowers, and special gifts after my hip replacement surgery this month. God is good all the the time. He provided for all my needs and my special care throughout. "My God shall supply all your needs according to His riches in glory by Christ Jesus." - Philippians 4:19 ~ Blessings, Becky Elliott
- ✝ Praise God for our safe trip to Florida and back ~ Sandy and Doug Godfrey
- * Praise God! Jerolyn Randles is making significant progress. Pray that she will continue to get stronger.

The churches of National Capital Presbytery, especially:

- ✝ Brentsville Presbyterian Church - Bristow, VA
- ✝ Burke Presbyterian Church - Burke, VA

Calendar

August 2 - 9, 2020

SUNDAY, August 2

10:00 AM Worship - one service - Communion
 Online Live Stream

MONDAY, August 3

10:00 AM Personnel Committee
10:30 AM Holy Fitness via Zoom
7:00 PM Bible Buddies
8:30 PM Production Meeting

TUESDAY, August 4

2:00 PM Congregational Connections Committee
6:00 PM Mission and Outreach Committee
7:00 PM ACE Committee

WEDNESDAY, August 5

10:30 AM Holy Fitness via Zoom

THURSDAY, August 6

FRIDAY, August 7

SATURDAY, August 8

8:30 AM Contemplative Yoga

SUNDAY, August 9

10:00 AM Worship - one service
 Online Live Stream
1:15 PM Building and Grounds Committee

DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.¹

2020 BOARD OF DEACONS

Class of 2020

Agnes Fokwa
Lisa Fortner
Kathy McNeely
Carol Schwalm
Celine Sonkwa

Class of 2021

Amy Bean
Karen Elliott
Liz Goolgasian
Peggy Heins
Therese Same

Class of 2022

Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger

Carol Schwalm, *Moderator*.....703-680-7673

RULING ELDERS: THE MINISTRY OF DISCERNMENT & GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.²

See current ruling elders of FUPCDC on page 16 of bulletin.

¹ *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

² *ibid.*, p. 60.

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers..... People of the Church
 Pastor..... Rev. Adam C. Bowling
 Chancel Choir Director Dana Van Slyke
 Pianist/Organist Justin Streletz
 Contemporary Worship Directors..... Becca and Chris Anderson
 Children's/Youth Choir Directors..... Becca and Chris Anderson
 Jubilation Handbell Director..... Ike Evans
 Nursery Supervisor..... Joann Paige
 Little Hands Preschool Director Tiffany Ramsey
 Sexton..... Homer Detrich
 Office Manager..... Kim Parker

2020 SESSION

Peter Glycer ('20)*Adult Christian Education*..... 703-590-0856
 Mike Gundel ('21)*Building & Grounds*..... 301-767-5030
 Ruth Washburg ('21)*Children's Ministry*..... 703-407-3976
 Cathy Albrecht ('22)*Communications*703-670-8369
 Betsy Gilbert ('22)*Congregational Connections*..... 703-670-4949
 Jon Guest ('21)*Finance & Administration*703-491-4006
 Chris Martin ('22)*Information Technology*..... 585-455-8423
 Dave Stokes ('21)*Little Hands Preschool* 703-583-9287
 Pam Cox ('20)*Mission & Outreach*.....703-441-6319
 Linda Wolstenholme ('22)*Nominating* 703-878-3697
 Norman Cobb ('21)*Personnel*703-878-7317
 Jon Guest ('21)*Safety & Security* 703-491-4006
 Pat Manalio ('22)*Stewardship*.....703-680-5058
 Marti Hall ('21)*Worship*.....703-626-2269
 Afton Schwalm ('22)*Youth Ministry*.....571-221-0778

Rev. Adam C. Bowling*Moderator*.....828-448-8914
 Sara Porter*Clerk of Session*..... 703-670-8737

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

Little Hands Preschool, 703-878-2366