

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



Surviving Storm Season

19th Sunday in Ordinary Time

August 9, 2020

10:00 AM

The Reverend Adam C. Bowling - Pastor

Adam.Bowling@fupcdc.org

828.448.8914

WE ASSEMBLE IN GOD'S NAME**+ GATHERING SONG***My Lighthouse*

Rend Collective (CCLI#:7002032)

Verse 1

In my wrestling and in my doubts
In my failures You won't walk out
Your great love will lead me through
You are the peace in my troubled sea whoa oh
You are the peace in my troubled sea

Verse 2

In the silence You won't let go
In the questions Your truth will hold
Your great love will lead me through
You are the peace in my troubled sea whoa oh
You are the peace in my troubled sea

Chorus

My Lighthouse my Lighthouse
Shining in the darkness
I will follow You oh
My Lighthouse my Lighthouse
I will trust the promise
You will carry me safe to shore
Safe to shore safe to shore safe to shore

Verse 3

I won't fear what tomorrow brings
With each morning I'll rise and sing
My God's love will lead me through
You are the peace in my troubled sea whoa oh
You are the peace in my troubled sea

Bridge

Fire before us
You're the brightest
You will lead us
Through the storms (hey)
(REPEAT 3X)

WELCOME

+ **CALL TO WORSHIP**

Give thanks to the Lord!

Sing praise to God's name!

The Lord has done wonderful things for us!

The Lord has heaped blessing upon blessing in our lives!

Come, sing, shout, and give thanks to God.

In all our ways, we will continually thank God forever.

Let us worship God!

+ **OPENING HYMN**

Eternal Father, Strong to Save

8

1 Eternal Father, strong to save,
whose arm has bound the restless wave,
who bade the mighty ocean deep
its own appointed limits keep:
O hear us when we cry to thee
for those in peril on the sea.

2 O Savior, whose almighty word
the winds and waves submissive heard,
who walked upon the foaming deep,
and calm amid its rage did sleep:
O hear us when we cry to thee
for those in peril on the sea.

3 O Holy Spirit, who did brood
upon the chaos wild and rude,
and bade its angry tumult cease,
and gave, for fierce confusion, peace:
O hear us when we cry to thee
for those in peril on the sea.

4 O Trinity of love and power,
all travelers guard in danger's hour;
from rock and tempest, fire and foe,
protect them wheresoe'er they go;
thus evermore shall rise to thee
glad praise from air and land and sea.

PRAYER OF THE DAY

Bruce Gilbert

God of mysterious ways, you take our fears and turn them into triumphs. You remind us that you are always with us and that we do not need to fear the wind and waves of life. Encourage us to step out of the boat; to come across these difficulties to your redeeming and transforming love. Give us courage and strength, joy and peace for all the times ahead. In Christ's name we pray,
Amen.

CALL TO CONFESSION

Bruce Gilbert

Every week, as we worship together, we have the opportunity to admit to ourselves, to each other, and to God that we do not always live as we are called. In this time of confession, this time of opening our hearts, let us remember that God is merciful and just, eager to offer grace and love. Join me as we confess, praying together. . .

PRAYER OF CONFESSION

Bruce Gilbert

Lord, you know us too well. You know how easy it is for us to come to you and to proclaim loudly of our faith when all is going well. But when the waters get rough and the waves threaten to swamp our little boats, we cry and wail in fear. We are sure that these waves will be the very things that destroy us. Over the wind and the waves, you call to us to place our trust in you. That's not so easy for us. We are so used to getting lots of reassurances and written guarantees of safety. But still you call to us. Help us take our focus off the wind and the waves and place our gaze directly on you. Attune our hearts and our lives to hear your call and to respond in faith. Hear us now, as we continue to confess in the silence of our hearts. . .

(Silence is kept)

ASSURANCE OF PARDON

Keep your focus on Jesus. He is your Savior and your Guide. He will never fail you. Rejoice, dear friends, you are called precious by our Lord. Hearing this good news, know that we are forgiven, and be at peace.
Thanks be to God!

+ RESPONSE

Glory to God, Whose Goodness Shines on Me (verse 1)

582

Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.

The peace of Christ be with you.

And also with you.

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

PRAYER FOR ILLUMINATION

Morelle Fokwa

GOSPEL LESSON

Matthew 14:22-33 NRSV

Morelle Fokwa

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. ²³ And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, ²⁴ but by this time the boat, battered by the waves, was far from the land, for the wind was against them. ²⁵ And early in the morning he came walking toward them on the sea. ²⁶ But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. ²⁷ But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

²⁸ Peter answered him, "Lord, if it is you, command me to come to you on the water."

²⁹ He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. ³⁰ But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" ³¹ Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" ³² When they got into the boat, the wind ceased. ³³ And those in the boat worshiped him, saying, "Truly you are the Son of God."

This is the Word of the Lord.

Thanks be to God!

SPECIAL MUSIC

Praise to the Lord, the Almighty

Arr. Richard Walters

Greg Feldmann, Soloist

Justin Streletz, Accompanist

MESSAGE

Surviving Storm Season

Rev. Dr. Wanda Neely

Transitional Pastor

First Presbyterian Church, Marion, NC

WE RESPOND TO GOD'S WORD

+ *HYMN OF RESPONSE* *I, the Lord of Sea and Sky (Here I Am, Lord)*

69

1 I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
my hand will save.
I, who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain:

Here I am, Lord.
Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.

2 I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

(Refrain)

3 I, the Lord of wind and flame,
I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
till their hearts be satisfied.
I will give my life to them.
Whom shall I send?

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

After each prayer petition we will respond with:

In your mercy, Lord, hear our prayer!

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever.

Amen.

SERVICE OF GIVING

Music at the Offering

It Is Well With My Soul

Becca Anderson, Clarinet

Justin Streletz, Piano

Christine D. Anderson

+ **DOXOLOGY**

Praise God from Whom All Blessings Flow

606

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.

+ **PRAYER OF DEDICATION**

Clara Anderson

Lord of sea and storm, of sunshine and meadow, we present these offerings as tokens of our lives in grateful praise for your love for us. Use these gifts for the ministries of hope and justice in this, your broken world. We ask this in Jesus' name.

Amen.

WE GO IN GOD'S NAME

+ **CLOSING SONG**

You Never Let Go

Beth Redman, Matt Redman (CCLI#: 4674166)

Verse 1

Even though I walk through the valley
Of the shadow of death
Your perfect love is casting out fear
And even when I'm caught in the middle
Of the storms of this life
I won't turn back I know You are near

Pre-Chorus

And I will fear no evil
For my God is with me
And if my God is with me
Whom then shall I fear
Whom then shall I fear

Chorus 1

Oh no You never let go
Through the calm and through the storm
Oh no You never let go
In ev'ry high and ev'ry low
Oh no You never let go
Lord You never let go of me

Verse 2

And I can see a light that is coming
For the heart that holds on
A glorious light beyond all compare
And there will be an end to these troubles
But until that day comes
We'll live to know You here on the earth

Chorus 2

Oh no You never let go
Through the calm and through the storm
Oh no You never let go
In ev'ry high and ev'ry low
Oh no You never let go
Lord You never let go of me'

Bridge

Yes I can see a light
That is coming for the heart that holds on
And there will be an end to these troubles
But until that day comes
Still I will praise You
Still I will praise You
(REPEAT)

+ **CHARGE AND BENEDICTION**

+ **POSTLUDE**

How Beautiful
Justin Streletz, Pianist

Twila Paris, Arr. Lloyd Larson

+ Please stand, in body or in spirit.

Rev. Dr. Wanda Suddreth Neely

The Rev. Dr. Wanda Suddreth Neely is currently serving as Transitional Pastor at First Presbyterian Church, Marion NC. Before going to Marion, she served as Transitional Senior Pastor at First Presbyterian Church of Morganton, NC. Before serving at Morganton, Wanda served as Senior Pastor at First Presbyterian Church, Kinston; First Presbyterian Church of Greenville, NC; and Union Presbyterian Church of Gastonia, NC.

Wanda is married to the Rev. Dr. William K. Neely, who recently retired from serving as senior pastor, First Presbyterian Church, Greenville, NC. The Neelys have two living children. Dr. Susan Neely-Barnes serves as Director of the School of Social Work, University of Memphis. She and her husband Craig, a legal aid attorney, have two children, Ellen and Nathan. Dr. Kres Neely is a research physicist at Fermi Lab near Chicago. Kres is married to Audrey Bowlds, a speech pathologist. Will Neely, their son with disabilities, passed away last November.



Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at office@fupcdc.org or call at 703-670-7834.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

Ministry in Action

- ✝ **HORIZONS BIBLE STUDY:** "Into the Light: Finding Hope Through Prayers of Lament" is the title of the 2020-2021 Horizons Ladies' Bible Study. The study will begin on **Monday, September 14**. The group will still meet on the **second Monday of the month**, September through June, at **9:30 AM**, but not in person. We will meet via Zoom to have our discussions and view the video. As other groups have been successfully Zoom-ing, I think that we can enjoy this study which is so appropriate for our times. The emphasis is on the hope we can find in the scriptures even as we lament circumstances. And we won't have to wear masks to participate!

If you would like to join this study, please contact Sara Porter, saraporter@comcast.net, or 703-670-8737 to order a book. The books will be \$11.00 each which covers the book, shipping and part of the cost of the DVD we use. Please order by August 20, 2020. When the books arrive, they will be available in the church office for pickup. Please mark payments "ACE Bible study" when you submit them to the church.
- * **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on Saturdays from 8:30-9:10 AM on Zoom: 8/22, 8/29, 9/5, 9/12. Classes are always free, just click this link to sign up:
[CLICK HERE TO VIEW THE SIGNUP.](#)
- * **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glycer at lizglyer@gmail.com.

- * **BIBLE BUDDIES:** Please join the Monday evening Ladies' Bible Study (aka, Bible Buddies) via Zoom on **Mondays at 7:00 PM**. Our study is called *Parables from the Back Side, Volume 1*, Bible Stories with a Twist, by J. Ellsworth Kalas. The book can be ordered on Amazon Prime which is promising 2-day delivery at this time.
Questions or need help ordering your book? Contact Marti Hall at 703-626-2269 or martihall@comcast.net. In addition, if you are not already a part of the group, please let Marti know so she can send you the Zoom address or phone number.
- * **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at samjparris@aol.com.
- * **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, jon.a.guest@gmail.com.
- * **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, samjparris@aol.com.
- * **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, office@fupcdc.org.
- * **SEWING FACE MASKS:** In keeping with FUPCDC's commitment to serve the needs of the community, the Mission and Outreach Committee is launching a campaign to make face masks and distribute them where they are needed within the local community. We are committed to donate masks to the Greater Prince William Community Health Center and to Westminster at Lake Ridge for both staff and residents. If you have any questions about the Face Mask Ministry please call Pat Manalio (703-283-2948) or Lora Nedimyer (703-680-5526).
- * **GIVING:** We thank you for your continued support of the ministries, staff, and programs of FUPCDC. There are 2 ways to give: You can mail your gift to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193. You can also give online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.

Student Ministry News

✝ TEXT MESSAGES: Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- ✝ Sandy
- * Sarah Manning
- * Mary Ellen and family
- * Ashleigh * Josh
- * Bill and Luara Parris
- * Ida Van Wingerden
- * Charlie and Martha Ashton
- * Jason, Adriana , Michael
- * Paula and Bob Robinson
- * Grace Ofosu-Addo
- * Linda Chrzan
- * Richard Peck
- * Barb McGill
- * Amerie * Chris
- * Baby Louisa Wolstenholme
- * Frank and Ann Measamer
- * Timothy Elliott
- * Norman Cox
- * Becky Elliott
- * Jerolyn Randles
- * Larry Menzie
- * Linda Ford
- * Mildred Shenk
- * Michael Bowling
- * Joanne and Bob
- * Elizabeth
- * Makayla Brain
- * Jim Randles
- * Hunter Martin
- * Lynn Wilson
- * Mark Levy
- * Sandy Stamps

* Please pray for all essential workers.

All those serving abroad in our military, including from our church:

- ✝ Ross Hammonds

Celebrations of joys with thanksgiving to God:

- * Many thanks to the deacons and congregation for their prayers, cards, flowers, and special gifts after my hip replacement surgery this month. God is good all the the time. He provided for all my needs and my special care throughout. "My God shall supply all your needs according to His riches in glory by Christ Jesus." - Philippians 4:19 ~ Blessings, Becky Elliott
- * Praise God for our safe trip to Florida and back ~ Sandy and Doug Godfrey

The churches of National Capital Presbytery, especially:

- ✝ Bush Hill Presbyterian Church - Alexandria, VA
- ✝ Calvary Presbyterian Church - Alexandria, VA

Calendar

August 9 -16, 2020

SUNDAY, August 9

10:00 AM Worship - one service - Online Live Stream
1:15 PM Building and Grounds Committee via Zoom

MONDAY, August 10

10:30 AM Holy Fitness via Zoom
7:00 PM Bible Buddies via Zoom
8:30 PM Production Meeting via 8X8

TUESDAY, August 11

6:30 PM Safety and Security Committee via 8X8
7:00 PM Stewardship Committee via Zoom

WEDNESDAY, August 12

10:30 AM Holy Fitness via Zoom

THURSDAY, August 13

7:00 PM Finance and Administration Committee via 8X8
7:00 PM Little Hands Preschool Advisory Board via Zoom

FRIDAY, August 14

10:30 AM Holy Fitness via Zoom

SATURDAY, August 15

SUNDAY, August 16

10:00 AM Worship - one service - Online Live Stream

DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.¹

2020 BOARD OF DEACONS

Class of 2020	Class of 2021	Class of 2022
Agnes Fokwa	Amy Bean	Bob Albrecht
Deborah Folly	Karen Elliott	Sandy Chamberlin
Lisa Fortner	Liz Goolgasian	Claudia Cunningham
Kathy McNeely	Peggy Heins	Pam Emert
Carol Schwalm	Therese Same	Ellen Nuernberger
Celine Sonkwa	Charlotte Stultz	Tracy Stevens

Ellen Nuernberger, *Co-Moderator*..... 703-878-0009
Carol Schwalm, *Co-Moderator*.....703-680-7673

RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.²

See current ruling elders of FUPCDC on page 15 of bulletin.

¹ *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

² *ibid.*, p. 60.

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Chancel Choir Director	Dana Van Slyke
Pianist/Organist	Justin Streletz
Contemporary Worship Directors.....	Becca and Chris Anderson
Children's/Youth Choir Directors.....	Becca and Chris Anderson
Jubilation Handbell Director.....	Ike Evans
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

2020 SESSION

Peter Glycer ('20)	<i>Adult Christian Education</i>	703-590-0856
Mike Gundel ('21)	<i>Building & Grounds</i>	301-767-5030
Ruth Washburg ('21)	<i>Children's Ministry</i>	703-407-3976
Cathy Albrecht ('22)	<i>Communications</i>	703-670-8369
Betsy Gilbert ('22)	<i>Congregational Connections</i>	703-670-4949
Jon Guest ('21)	<i>Finance & Administration</i>	703-491-4006
Chris Martin ('22)	<i>Information Technology</i>	585-455-8423
Dave Stokes ('21)	<i>Little Hands Preschool</i>	703-583-9287
Pam Cox ('20)	<i>Mission & Outreach</i>	703-441-6319
Linda Wolstenholme ('22)	<i>Nominating</i>	703-878-3697
Norman Cobb ('21)	<i>Personnel</i>	703-878-7317
Jon Guest ('21)	<i>Safety & Security</i>	703-491-4006
Pat Manalio ('22)	<i>Stewardship</i>	703-680-5058
Marti Hall ('21)	<i>Worship</i>	703-626-2269
Afton Schwalm ('22)	<i>Youth Ministry</i>	571-221-0778
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914
Sara Porter	<i>Clerk of Session</i>	703-670-8737

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

Little Hands Preschool, 703-878-2366