

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc

<https://www.youtube.com/c/FUPCDC>



5th Sunday after Epiphany

February 5, 2023

11:00 AM

The Reverend Adam C. Bowling - Pastor

Adam.Bowling@fupcdc.org

828.448.8914

GATHERING

+ **GATHERING SONG**

Way Maker

Osinachi Kalu Okoro Egbu (CCLI#: 7115744)

WELCOME

MINISTRY IN ACTION

✠ Scout Sunday

David Stokes

+ **GATHERING WORDS**

We are called to follow—to walk in the way of justice and righteousness,
for we are children of God!

We are called to serve—to be Christ with and for one another,
for we are the salt of the earth!

We are called to shine—to be beacons of hope and witnesses to truth,
for we are the light of the world!

Come, you who are claimed as children of God, salt of the earth and light of the world.
Let us worship the Lord!

+ **OPENING SONG**

Build My Life

Brett Younker, Karl Martin, Kirby Kaple, Matt Redman, Pat Barrett (CCLI#: 7070345)

PRAYER OF BROKENNESS

Gracious God, You have called us to be salt and light for Your world. And so we confess our failure to live up to your faith in us. When doubts, fears, and discouragements invade us, we lose our saltiness and we hide our light. We see the great need and the thick darkness in the world, but we confess our deep-down distrust that anything we could offer would really make a difference. We cut ourselves off from the privilege of service, the joy of participation with Christ, the wonder of experiencing what you will do through us. Hear us now, as we continue to confess in the silence of our hearts. . .

(A Time of Silent Confession)

ASSURANCE OF GOD'S GRACE

The prophet Isaiah tells us that if we call upon God, God will answer; when we cry for help, God will say, "Here I am."

God gives us the gift of redemption by giving us the gift of Jesus Christ, who lived for us, died for us, and lives again.

Hearing this good news, know that we are forgiven, and be at peace.

Thanks be to God!

- + **RESPONSE** *Glory to God, Whose Goodness Shines on Me (verse 1)* 582
 *Glory to God, whose goodness shines on me,
 and to the Son, whose grace has pardoned me,
 and to the Spirit, whose love has set me free.
 As it was in the beginning, is now and ever shall be. Amen.*

+ **PASSING OF THE PEACE**

The peace of Christ be with you.

And also with you.

(Please share a sign of Christ's peace with those around you.)

PROCLAIMING

TIME FOR CHILDREN

PRAYER FOR ILLUMINATION

Startle us, O God, with your truth and open our hearts and our minds to your wondrous love. Speak your word to us; silence in us any voice but your own and be with us now as we turn our attention, our minds and our hearts, to you, in Jesus Christ our Lord.

Amen.

GOSPEL LESSON

Matthew 5:13-20 NRSV

"You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

¹⁴ "You are the light of the world. A city built on a hill cannot be hid. ¹⁵ People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

¹⁷ “Do not think that I have come to abolish the Law or the Prophets; I have come not to abolish but to fulfill. ¹⁸ For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹ Therefore, whoever breaks one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Word of the Lord.
Thanks be to God.

MESSAGE

Salt and Light

Pastor Adam C. Bowling

INVITATION TO DISCIPLESHIP

If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with Pastor Adam or someone at the Welcome Table right outside the sanctuary. For those worshipping online, please email Pastor Adam at adam.bowling@fupcdc.org. Know that ALL are welcome in this place!

RESPONDING

+ **SONG OF RESPONSE** *Act Justly, Love Mercy, Walk Humbly*

Chris Tomlin, Jason Ingram, Pat Barrett (CCLI# 7168697)

SERVICE OF GIVING

Music at the Offering

Salt And Light

Jan L'Ecuyer, John L'Ecuyer (CCLI# 3470093)

+ **PRAYER OF DEDICATION**

May the gifts we offer, Loving God, be used to fix meals for hungry children, to shower others with grace, and to patch the potholes poverty has created in the roadways of the kingdom. Yes, may our gifts make a practical difference in this world, bringing light and life through Jesus Christ to the darkest and most shadowy places. Fill us with your Spirit, that our lives may also bear the light of him who gave himself for us, as we go about our daily living in your presence. This we ask in Jesus' name.

Amen.

CELEBRATION OF THE LORD'S SUPPER

Instructions: *Please come by way of the center aisle when an usher indicates to receive communion. All the bread is gluten free. Please partake of the elements when you receive them, and dispose of your cups in the baskets provided. You may return to your seats by way of the outside aisles. If you cannot come forward please notify an usher, and a server will bring communion to you in your row, or you may pick up a prefilled communion cup in the Welcome Center. Know that all are welcome to the Table of the Lord.*

INVITATION TO THE LORD'S TABLE

GREAT PRAYER OF THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise. . .

THE LORD'S PRAYER (It's Yours)

Fowler, Sooter, Maher (CCLI# 7200544)

Father let Your Kingdom come

Father let Your will be done

On earth as in heaven

Right here in my heart

Father let Your Kingdom come

Father let Your will be done

On earth as in heaven

Right here in my heart

Give us this day our daily bread

Forgive us, forgive us

As we forgive the ones who sinned against us

Forgive them

And lead us not into temptation

But deliver us from the evil one

Let Your kingdom come

It's Yours, it's Yours

All Yours, all Yours

The kingdom, the power, the glory are Yours

It's Yours, it's Yours

All Yours, all Yours

Forever and ever the kingdom is Yours

*Father let Your Kingdom come (Holy, holy)
Father let Your will be done
On earth as in heaven (Let it be done)
Right here in my heart (Here in my heart)*

*On earth as in heaven
Right here in my heart*

WORDS OF INSTITUTION

+ COMMUNION OF THE PEOPLE

Music during Communion

Salt & Light

Lauren Ashley Daigle, Paul Mabury, Leslie Jordan (CCLI# 7023285)
Theresa Arnold, Soloist

PRAYER AFTER COMMUNION

Lord God, in deep gratitude for this moment, this meal, these people, we give ourselves to you. Take us out to live as changed people because we have shared the living bread and cannot remain the same. Ask much of us, expect much from us, enable much by us, encourage many through us. So, Lord, may we live to your glory, both as inhabitants of earth and citizens of the commonwealth of heaven. Amen.

SENDING

+ SENDING SONG

I Will Follow

Chris Tomlin, Jason Ingram, Reuben Morgan (CCLI# 5806878)

+ CHARGE AND BENEDICTION

+ *Please stand, in body or in spirit.*

The Session has called the State of the Church and Incorporation of First United Presbyterian Church of Dale City Annual Congregational Meeting on Sunday, **February 12, 2023, during the 10 AM one worship service.** The purpose of the meeting is to receive the Annual Report and to install Pastor Michael Slayter as our Parish Assistant.

Worship Notes

- * **WELCOME!** Whether new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table right outside the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam.
- * **WORSHIP ASSISTANTS:**
Douglas Randles (8:30)
David Stokes (11:00)

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

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DEACONS

Class of 2023
Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger
Donna Seckar
Tracy Stevens

Class of 2024
Agnes Fokwa
Helen Franchois
Nne Kalu
Kathy McNeely

Class of 2025
Debbie Cornelius
Claire Hoagland
Mary Jones
Mike Slayter

Mike Slayter, Ministry Team Leader..... 703-670-4648

Ministry in Action

- ✚ **MEN'S BREAKFAST:** Men, please join us for breakfast and fellowship on **Saturday, February 11th at 8:00 AM**. Feel free to bring a friend! For additional information, please contact Sam Parris at 703-946-7266 or samjparris@aol.com.
- ✚ **HORIZONS LADIES' BIBLE STUDY:** Celebrating Sabbath: Accepting God's Gift of Rest and Delight is our Bible study. **Our next meeting is on Monday, February 13th at 9:30 AM in Room 22**. Contact Sara Porter, saraporter@comcast.net, for more information.
- ✚ **WEDNESDAY NIGHT LENTEN SOUP SUPPERS:** Please join us for Wednesday Night Lenten Soup Suppers from February 22nd to March 29th at 6:00 PM in the Triple Room. These simple meals will consist of soup and bread followed by a Lenten service at 7:00 PM in the sanctuary. If you would like to participate by making a soup or bringing bread or rolls please contact Betsy Gilbert, 703-343-3921 (text or call) or betsy.gilbert24@gmail.com.
- * **SOUPER BOWL OF CARING:** Many in our community are struggling with food insecurities. There is an enormous need to help put food on our brothers and sisters' tables. As a Matthew 25 church we are called to reach out to those in need. In years past we have done this by participating in the Souper Bowl of Caring. **This year we will collect non-perishable food and other general items for the ACTS Hunger Prevention Center between January 29th and February 12th in the Welcome Center.** Donations can be placed in the bin marked "Souper Bowl of Caring". The goal this year is to beat our record 3,411 pounds of items collected. And if we do, Pastor Adam will kiss Donkey Kong, our Christmas Pageant Donkey, and post a photo of this on social media! And who doesn't want to see Pastor Adam kiss Donkey Kong? So, let's start bringing in those donations. **Items urgently needed are:** canned and dried vegetables, fruit and meats, breakfast items (cold cereal, oatmeal, grits, etc.), 12 oz. peanut butter and jelly, honey, macaroni and cheese, whole-grain pasta, canned tomato sauce, canned soup, canned vegetables, shelf stable milk, ground and instant coffee, cooking oil, diapers size 6, children's Pull-ups, soap, wipes, toothpaste, deodorant, shampoo, laundry detergent, dish soap, toilet paper, feminine hygiene products, pet food, etc. A complete list can be found in the Thursday News. **Please check all expiration dates and ensure food items have not expired.** Your generosity in helping to provide healthy non-perishable food and other needed items to those in need is an expression of God's love for all. Thank you for helping us tackle hunger in Prince William County.
- * **CONNECT THROUGH A SMALL GROUP** - FUPCDC now has 11 Small Groups (7 Men's groups and 4 Women's groups) that meet weekly (via phone) for a short devotion and prayer. If you would like to participate in small group or hear more about the program, please contact Sam Parris at SamJParris@aol.com or 703-946-7226.
- * **KAIROS PRISON MINISTRY** - Kairos Prison ministry is starting back up. It has made a major impact in the lives of 1000's of inmates and this congregation. FUPCDC has been involved with this ministry for more than 15 years in a variety of means in men and women's prisons in the state of Virginia. At least six inmates have given their testimonies here at FUPCDC as to the impact of this program on their lives. They are forever grateful to this congregation and the KAIROS ministry. They have given their lives to Christ have transitioned back into society and have been

blessed with jobs. **How can you HELP?** There are several ways in which you can be a part of this ministry.

1. Join the Inside Team for Sussex 1 State Prison. We will participate inside the prison on the weekend of March 30th - April 2nd, 2023 (Thursday-Sunday), staying at a nearby hotel in the evenings. There will be four Saturday training sessions here at FUPCDC on February 18th, and March 4th, 18th, and 25th to prepare you for the weekend. Sam Parris will be leading the weekend inside Sussex 1 and the training sessions leading up to the weekend.
2. Join the Outside Team assisting with meals, prayers and supporting the Inside Team. Cathy Albrecht and Denise Parris will be co-leading the Outside Team.
 3. Sign up to pray for the team and inmates (look for signups in the future).
4. Sign up to bake homemade cookies that will be brought into the prison and distributed to the inmates and prison staff (look for signups in the future).
5. Sign up to make placemats (drawings and scripture) This is a great project for our Children and Youth too (contact Sam Parris).
6. Make a financial donation.

If you have any questions please contact Sam at SamJParris@aol.com or 703-946-7226.

- * **ADULT BIBLE STUDY:** Join us on Sundays at **9:45 AM** for the Bible study, “The Lord’s Prayer” by Adam Hamilton. Contact Curt Hoagland, choagieva@yahoo.com for questions. **There will be one worship service on February 12th at 10 AM. Adult Bible Study will meet at 8:45AM on February 12th.**
- * **252 KIDS CHILDREN’S MINISTRY:** We meet at **9:45 AM on Sundays in Rooms 1 and 2.** Contact Erin Bowling at erinkbowling@gmail.com for more information. In February, our preschoolers will take a look at Candy Hearts. Candy hearts are such a fun way to show someone you love them, which goes perfectly with what we are teaching preschoolers this month. After all, everything Jesus did while He was on earth was to show us how much He loves us. And if there’s one thing we really want preschoolers to know, it’s that Jesus loves them. Our kindergarten through sixth grade students will learn about Road Rules and talk about how to Ride with Respect. The idea of valuing others and having mutual respect is seen all throughout Scripture and is a necessary way to communicate with others and demonstrate God’s love with them. God values us and wants a forever relationship with us. God sent Jesus to make that possible. We follow God’s example when we show others that they have value too. Want to know more? Click on the video links in the Thursday News. **There will be one worship service at 10 AM on February 12th. We will meet at 10:15 AM after Time for Children on February 12th.**
- * **BIBLE BUDDIES:** Come join us for the Bible study, *What My Grandmothers Taught Me: Learning from the Women in Matthew’s Genealogy of Jesus*, on **Mondays at 7:00 PM.** Please contact Betty Matthews, bettymatthews1@verizon.net for more information.

Student Ministry News

- ✚ **YOUTH - LASER TAG TRIP - TODAY, February 5th** -Meet at Team Tactics at 6:00 PM (3045 Golansky Boulevard, Woodbridge, VA 22192) for some Laser Tag Fun! Eat dinner before you arrive, and come ready to play by having your adults fill out this waiver beforehand: <https://lilypadpos6.com/teamtactics/online waiver/waiver.php>. Have your parental units pick you up at 7:30 PM from Team Tactics. Cost: \$10 (Cash or check to FUPCDC). Please RSVP by emailing or texting Pastor Adam: adam.bowling@fupcdc.org. Friends are welcome to attend!
- * **NEW YOUTH CALENDARS:** Youth calendars are now available online and in the Welcome Center.
- * **STUDENT MINISTRY EMAILS:** Sign up to receive Student Ministry emails. Ask Pastor Adam how to do this, or go to the FUPCDC website.
- * **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|-------------------------------|-------------------------|-----------------|-------------------|
| ✚ Andrea Judy | * Bill and Laura Parris | * Nancy Lanza | * Leigh Anderson |
| * Doug Godfrey | * Amanda Peck | * Amanda | * Linda Ford |
| * Gary and Patti Goodrich | * Pat Greenhalgh | * Baby Raphael | * Norman Cox |
| * Nancy Hoagland | * Debbie Niederriter | * Tanya | * Nate Johnson |
| * George Riling | * Tommy and Deb | * Kath Purcell | * Rick Bockes |
| * Kwabena | * Sandra D'Imperio | * Jenny N. | * Norman Cobb |
| * Charlie Ashton | * Frank Coniglio | * Leslie | * Jeannine Menzie |
| * Nathan Johnson, III | * Marjorie Lawrence | * Liz Glycer | * Deborah Folly |
| * Baby Louisa Wolstenholme | * R. Rizzo | * Karen Gundel | * Ann Randles |
| * Jason, Azina, Mikail Corbin | | * Akosua Kwakye | |
| * Lee and Giselle Watenpaugh | | | |

- ✚ Congregational love and sympathy are extended to Marcy and Mak Fiavi and family, at the death of Marcy's son, Pascal, January 29, 2023, last night, in a car accident, traveling from Virginia to Pennsylvania. Please lift Marcy and his sister Mak, and the entire family up in prayer at this time.
- ✚ I would like to thank my church family for the beautiful flowers, all the cards, and the birthday wishes. You made my day very special. Blessings, Sofie Garrett

- * Many thanks to all the members of the congregation who contributed to the winter clothing drive for Dale City Elementary School. We were able to provide the school with over 20 bags of socks, gloves, hats, tops, bottoms, and coats. They responded with a very large thank you card which is on display in the Narthex. It is a rewarding partnership for both groups which we look forward to continuing.

All those serving in our military who are stationed away from home, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista (Ana Batista Caporaletti's daughter)
- ✝ David Cornelius, Jr. (Debbie Cornelius' son)

The churches of National Capital Presbytery, especially:

- ✝ Little Falls Presbyterian Church - Little Falls, VA
- ✝ Manassas Presbyterian Church - Manassas, VA

SESSION

Cathy Albrecht ('23)	703-670-8369
Amy Bean ('25)	703-670-3790
Bill Ediage ('24)	571-477-9306
Morelle Fokwa ('24)	571-409-9435
Ginger Galaini ('25)	571-408-1228
Pat Manalio ('23)	703-283-2948
Chris Martin ('23)	585-455-8423
Sam Parris ('24)	703-946-7226
Linda Wolstenholme ('23)	703-878-3697
Rev. Adam C. Bowling	<i>Moderator</i> 828-448-8914
Sara Porter	<i>Clerk of Session</i> 703-670-8737

MINISTRY TEAM LEADERS

Pat Manalio (Interim)	<i>Administration</i>	703-283-2948
Mike Slayter	<i>Congregational Care</i>	703-670-4648
Charlotte Stultz	<i>Evangelism & Outreach</i>	703-494-8367
Betsy Gilbert	<i>Fellowship</i>	703-670-4949
Curt Hoagland	<i>Growing in Faith</i>	703-380-3819
Pam Cox	<i>Mission</i>	703-441-6319
Mike Gundel	<i>Property</i>	301-767-5030
Dennis Dingle	<i>Stewardship & Finance</i>	703-583-9689
Martin Andrews	<i>Worship</i>	703-967-4358
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914

Calendar

February 5 - 12, 2023

SUNDAY, February 5

8:30 AM Worship - Traditional - Communion
 9:45 AM Bible Study (Adult/Youth)
 9:45 AM 252 Kids Children's Ministry
 11:00 AM Worship - Contemporary - Communion
 6:00 PM Youth - Laser Tag

MONDAY, February 6

10:30 AM Holy Fitness
 6:00 PM Cub Scout Pack 289 - Lion Den
 6:30 PM Cub Scout Pack 289 - Tiger Den
 7:00 PM Bible Buddies
 7:00 PM NCE Board
 8:30 PM Production Meeting - Google Meet

TUESDAY, February 7

8:30 AM TOPS
 9:30 PM Woodbridge Christian Women's Connection
 1:00 PM Al-Anon
 6:00 PM Cub Scout Pack 289 - Wolf Den
 7:00 PM Boy Scout Troop 964 B
 7:00 PM Boy Scout Troop 964 G
 7:00 PM Girl Scout Troop 226
 7:00 PM Growing in Faith Ministry Team
 7:00 PM Mission Ministry Team
 7:00 PM Nominating Committee
 7:30 PM AA
 7:30 PM Bull Run Troubadours

WEDNESDAY, February 8

10:30 AM Holy Fitness
 6:30 PM Boy Scout Troop 964 - ASM
 7:00 PM Evangelism & Outreach Ministry Team
 7:00 PM Chancel Choir
 8:00 PM FUPCDC Praise Team

THURSDAY, February 9

3:00 PM Prayer & Praise Small Group
 6:30 PM Boy Scout Troop 964 Merit Badge Meeting
 7:00 PM Stewardship & Finance Ministry Team
 8:00 PM AA Support Group

FRIDAY, February 10

10:30 AM Holy Fitness

SATURDAY, February 11

8:00 AM Men's Breakfast
 8:00 AM Emmaus Team E-195

SUNDAY, February 12

Annual State of the Church and Incorporation Meeting of the Congregation
Installation of Pastor Michael Slayter as our Parish Assistant
 8:45 AM Bible Study (Adult/Youth)
 10:00 AM Worship - one service
 10:15 AM 252 Kids Children's Ministry
 1:15 PM Property Ministry Team
No PM Youth

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Parish Assistant.....	Pastor Michael Slayter
Chancel Choir Director.....	Dana Van Slyke
Interim Contemporary Worship Leader.....	Theresa Arnold
Pianist/Organist.....	Justin Stretetz
Nursery Supervisor.....	Joann Paige
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker