## First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



1<sup>st</sup> Sunday in Lent Camp Hanover Sunday March 1, 2020 8:30 AM

The Reverend Adam C. Bowling - Pastor <u>Adam.Bowling@fupcdc.org</u> 828.448.8914

## WE ASSEMBLE IN GOD'S NAME

#### **BFIIS**

The three tolls call us to worship and symbolize our belief in the Triune God: Father, Son, and Holy Spirit. In quiet reverence, we prepare for worship.

**PRELUDE** 

Amazing Grace

inspired by Sibelius, Arr. Faye Lopez

WELCOME

### **MINISTRY** IN ACTION

♣ Movie Night: "Noah" - March 13, 2020

Camp Hanover

### CALL TO WORSHIP

Isaiah 40:1-5

In the wilderness, prepare the way of the Lord!

Make straight in the desert a highway for our God.

Every valley shall be lifted up, every mountain made low.

Uneven ground will be made level, and rough places become smooth.

The glory of the Lord shall be revealed,

and all people shall see it together!

+ OPENING HYMN

The Glory of These Forty Days

165

### PRAYER OF THE DAY

Good and gracious God, we have heard, and we know: You are the everlasting God, the creator of the ends of the earth. We praise You for creating this day anew, that we might be together to worship, to learn, and to pray. Grant us strength, lift us up like eagle's wings, that we might hear Your word today and respond in joyful gladness. In Your wonderful name we pray.

Amen.

## CALL TO CONFESSION

If we say we have no sin, we are only deceiving ourselves. But if we acknowledge our sin, and repent, God will forgive us. In humility and in faith, let us confess our sins to God, praying together . . .

### PRAYER OF CONFESSION

Everlasting God, You have created the ends of the earth, and all that is in it. You have called us to care for Your world and for one another. But we grow faint and weary. We sin, and we sin again. Forgive us. Renew us and strengthen us, that we might better follow You in all we say and do. Hear us now, as we continue to confess in the silence of our hearts . . .

(Silence is kept)

**KYRIE** 

Lord, Have Mercy

551

Lord, have mercy; Christ, have mercy; Lord, have mercy upon us. Lord, have mercy; Christ, have mercy; Lord, have mercy upon us.

### ASSURANCE OF PARDON

Friends, hear and believe the good news: In Jesus Christ, we are forgiven. Know this and be at peace.

Thanks be to God!

+ RESPONSE

You Are the Lord, Giver of Mercy!

437

You are the Lord, giver of mercy! You are the Christ, giver of mercy! You are the Lord, giver of mercy!

## + PASSING OF THE PEACE

The peace of Christ be with you.

And also with you.

(Please share a sign of Christ's peace with those around you.)

## WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

Rev. Adam C. Bowling

Rick Founds (CCLI#117947)

### PRAYER FOR ILLUMINATION

OLD TESTAMENT LESSON

Isaiah 40:1-5, 28-31 (pages 627-629, OT section)

This is the Word of the Lord.

Thanks be to God.

**ANTHEM** 

NEW TESTAMENT LESSON

Luke 5:12-16 (pages 58-59, NT section)

This is the Word of the Lord.

Thanks be to God.

manks be to God.

SERMON Longing For Renewal

Doug Walters Executive Director of Camp Hanover

## WE RESPOND TO GOD'S WORD

+ HYMN OF RESPONSE I Will Com

I Will Come to You (You Are Mine)

SERVICE OF GIVING

Music at the Offering I Sing the Almighty Power of God Isaac

Isaac Watts, Arr. Stan Pethel

+ DOXOLOGY

Praise God, from Whom All Blessings Flow

606

177

Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost. Amen.

## + PRAYER OF DEDICATION

Eternal God, we thank You for Your providence and praise You for Your grace. We offer these gifts in celebration of all You have done for us, that we might use them to Your glory. Bless this offering and the people who gave it. Help us to use our treasures as well as our time and talent to serve You, here in our community and throughout Your Kingdom. In Your wonderful name we pray.

Amen.

### THE SACRAMENT OF THE LORD'S SUPPER

Instructions: Please come by way of the center aisle when an usher indicates. All the bread is gluten free. Receive the bread, dip it into the cup of juice, and partake. If you cannot come forward, a server will bring communion to you in your row.

#### INVITATION TO THE LORD'S TABLE

## GREAT PRAYER OF THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise . . .

## THE LORD'S PRAYER (Sung)

Albert Hay Malotte

Our Father who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory, forever. Amen.

#### WORDS OF INSTITUTION

### COMMUNION OF THE PEOPLE

Music During Communion	All Who Hunger, Gather Gladly	509
_	Let Us Break Bread Together	525

### PRAYER AFTER COMMUNION

Lord God, in deep gratitude for this moment, this meal, these people, we give ourselves to You. Take us out to live as changed people because we have shared the living bread and cannot remain the same. Ask much of us, expect much from us, enable much by us, encourage many through us. So, Lord, may we live to Your glory, both as inhabitants of earth and citizens of the commonwealth of heaven. Amen.

## WE GO IN GOD'S NAME

+ **HYMN** This is My Father's World 370

### + CHARGE AND BENEDICTION

Friends, when life gets chaotic, when you long for renewal, do as Jesus did. Withdraw into the wilderness and pray. Come away to a quiet place and get some rest.

May your mosquito bites be few and your care packages from home abundant.

May you eat 'til you are full and never tire of corn dogs and chicken nuggets

May your sunscreen always be "on" and may you have plenty of "Off".

May your flashlight batteries stay charged, and your campers,

at the end of the day, be drained.

May your "rest times" be long and the thunderstorms be short.

May your trips to the infirmary be rare and your hugs from campers many.

May the water in your water bottle be ice cold, and your showers be steaming hot.

May your campfires light easily, and may your marshmallows never burn.

And may God touch your lives and use you to touch the lives of everyone you meet.

Go now to love and serve the lord.

Amen.

+ BENEDICTION RESPONSE

You Shall Go Out with Joy

80

+ POSTLUDE

Jesus, Lover of My Soul

ABERYSTWYTH, Arr. Larry Shackley

+ Please stand, in body or in spirit.

# Worship Notes

- \* WELCOME! Whether you are new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please fill out the card in the friendship register and bring it to the rear of the sanctuary after the service for a special gift. To find out more about this church, please ask at the Welcome Table or call the Church Office at 703-670-7834.
- \* LITURGIST: Lora Nedimyer (8:30)

Afton Schwalm (11:00)

\* GREETERS: Becky Elliott and Jean Peterman (8:30)

Karen Gundel and Sara Porter (11:00)

- \* PLEASE TAKE A MOMENT to ensure your electronic devices are silenced during the worship service.
- \* PLEASE ACCOMPANY YOUR CHILD (12 and under), for safety and security, if they need to leave the sanctuary during the worship service.

*	SPECIAL SERVICES ARE AVAILABLE:	
	Hearing Assistance Systems	at the Sound Station
	Wheelchairsin	the Narthex Welcome Center Closet
	Enlarged Bulletins	contact Church Office
	Rocking Chairs for parents with young children	nin the back of the sanctuary

## Connect with Us

- \* WE ARE ON FACEBOOK: If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* WE ARE ON INSTAGRAM: Find us on Instagram @fupcdc.
- \* FUPCDC WEBSITE: For detailed news and information, visit the church website at https://fupcdc.org.
- \* TEXT ALERTS: Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

- NATIONAL CATHEDRAL BUS TRIP: Join us for a bus trip to the National Cathedral in Washington, DC on March 23<sup>rd</sup>. Registration is limited to 45 seats. Registration forms will be in the Narthex Welcome Center TODAY, March 1<sup>st</sup>. Forms and payment can also be returned by March 8<sup>th</sup> (or until the trip is filled) to the FUPCDC Church office. Attendees will have a one-hour guided Extended Highlights Tour of the Cathedral and one hour on their own to explore. Following the tour, our bus will take us to the Pentagon City Mall for lunch on your own. Cost of the trip is \$35.00 and includes the bus, driver's tip, and Cathedral tour.
- FORGIVENESS (A LENTEN STUDY): Beginning March 8<sup>th</sup> at 9:45 AM, every Sunday through March 29<sup>th</sup>, a Lenten Study will be offered in Room 22. This study is based upon the book Forgiveness: A Lenten Study by Marjorie Thompson. The book is available from the instructor. Forgiveness is a Christian virtue, but what does it really look and feel like, and when is it "appropriate" to forgive or not to forgive? Very well-known Bible scripture is offered for very lively and thought provoking discussion in the light of forgiveness. Each session is independent of the others. Our study guide is a quick read, so homework is painless and fast!
- SIGHT AND SOUND "NOAH": A showing of the Sight and Sound DVD "NOAH" is scheduled in our sanctuary on March 13<sup>th</sup> from 7-9 PM. This is a free event for the FUPCDC congregation and

friends. We will have a free-will offering to off-set the DVD site license fee. Any additional money collected will be added to the FUPCDC Scholarship Fund. We hope you will join us.

- \*\*Women's and Men's KAIROS Prison Ministry 4 day events during the month of April. Please prayerfully consider baking cookies, making a donation or signing up to pray for the inmates and the team. The team will be providing 200 dozen cookies that will be collected by March 29th. The Kairos team at FUPCDC thanks you for your continued support of this vital ministry. Your generosity is a blessing to so many. Please visit the KAIROS table in the Narthex Welcome Center March 8th and March 15th for additional details and to sign up. "And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'
- **♣ EASTER FLOWERS:** Please consider purchasing Easter flowers (tulip, azalea, or hydrangea) to adorn our church on Easter Sunday. The cost is \$15.00 and can be purchased in honor or memory of someone special to you. Please make sure you fill out the information on the Easter Flowers envelope (located on table in the Narthex Welcome Center). Order and money are due by April 6<sup>th</sup>. Flowers can be picked up after the 11AM Easter service on April 12<sup>th</sup>. Make the check out to FUPCDC and write Easter flowers in the memo line. Thank you so much.
- SAVE THE DATES!: There will be a Church-Wide Overnight Family Retreat at Camp Hanover, August 22-23, 2020. More information will be coming soon!
- WEDNESDAY NIGHT ALIVE MEAL: Please join us for the Wednesday Night Alive Meal at 6 PM. On March 4<sup>th</sup> the meal is Potluck: "Breakfast for Dinner". Come join us for an evening of FOOD, FELLOWSHIP, and FAITH. Contact Jon or Gaylene Guest with any questions.
- **T** LENT WEDNESDAY WORSHIP: Join us Wednesday, March 4<sup>th</sup> at 7:00 PM in the sanctuary for a service of scripture, prayer, and communion.
- PASTOR'S BIBLE STUDY: Come join us for the Nooma Bible study, "Trees" by Rob Bell, on Wednesday, March 4<sup>th</sup> at 7:30 PM.
- \* AARP FREE TAX ASSISTANCE FOR 65 OR OLDER (Now April 14<sup>th</sup>): Please call Chinn Park Regional Library, 703-792-4800, or read note on bulletin board in Narthex Welcome Center for information, dates and times, and what to bring when you come for tax help.
- \* HELP NEEDED: Men, Women and Youth (16+) are needed to volunteer to run the Video during the 8:30 AM and/or 11:00 AM services. We will teach you. Contact Peter Glyer, 703-590-0866 or Marti Hall, 703-626-2269.

## Student Ministry News

CAMP HANOVER PIZZA PARTY: TODAY, after the 11:00 AM contemporary service please come to a pizza party for families with children and youth (1st grade and up) in the Triple Room. Come to learn more about summer camp opportunities for your children and youth. All families that come to the pizza party will receive a discount code for summer

- camp! Financial assistance is available to make camp possible for any child that wishes to attend. Please RSVP to the pizza party by emailing Pastor Adam at adam.bowling@fupcdc.org.
- **†** YOUTH GROUP "CHOPPED" NIGHT: Join us TONIGHT, from 5:00 PM 7:30 PM at the Parris' Home (5876 Fincastle Drive, Manassas, VA 20112) for a fun culinary competition. Teams will compete to create an appetizer, a main course, and dessert. No cooking experience necessary! All youth (5th grade and up) and their friends are welcome to join us! Please bring \$3 and your friends. RSVP to Elder Afton at 571-221-0778 or bulldogz89@gmail.com.
- WEDNESDAY NIGHT ALIVE MEAL FUNDRAISER: Youth, come and help serve the Wednesday Night Alive Meal at 6 PM on Wednesday, March 4<sup>th</sup>.
- TEXT MESSAGES: Sign up for Text Messages: Text @youthfupc to 81010.

# Joys and Concerns

### All those who are ill or facing difficulties, including:

Makayla Brain

Haleigh Startin

- Pina Scott
- \* Grace Ofosu-Addo
- Mark Levy

- Ŧ Kinsey Brain
- Russ Van Wingerden \* Lynn Wilson Linda Ford
  - \* Chris Glver Family
- Larry Menzie Jean Peterman
- Congregational love and sympathy is extended to the family of Leigh Anderson at the death of Leigh's aunt, Betty Barger, on February 26, 2020.
- Congregational love and sympathy is extended to the family of Larry Kreider, a long time member of First United Presbyterian Church of Dale City, VA, who passed away Wednesday, February 19, 2020
- Congregational love and sympathy is extended to Becky George and family at the death of her father-in-law, Charlie, Friday, February 14, 2020. Special prayers for Charlie's wife and Bruce's mom, Emma, who has now lost her son and husband in the span of 3 months. Please pray for God's comfort and strength for Emma, Becky, and the entire family at this time.
- Congregational love and sympathy is extended to Nancy and Dave Stokes at the death of Nancy's sister, Susan Pringle, on Monday, February 17, 2020 in New Jersey. Please pray for comfort and peace for the entire family during this difficult time.

## The churches of National Capital Presbytery, especially:

- Riverside Presbyterian Church Sterling, VA
- The Rock Presbyterian Church Bethesda, MD

# Calendar March 1 - 8, 2020

## SUNDAY, March 1

### Camp Hanover Sunday

8:30 AM Worship - Traditional - Communion

9:45 AM Christian Education

11:00 AM Worship - Contemporary - Communion

11:15 AM Club 143 Children's Church

12:10 PM Camp Hanover Pizza Party for Families

12:15 PM Spread the Bread

1:00 PM Peace Church (Spanish Speaking Service)

5:00 PM Youth - Chopped Night! @ Parris' Home

5:45 PM Jubilation Handbells

7:00 PM Cub Scout Pack 289 Committee Meeting

### MONDAY, March 2

10:00 AM Personnel Committee

10:30 AM Holy Fitness

## TUESDAY, March 3

### **Election Day**

7:15 PM ACE Committee

7:15 PM Mission and Outreach Committee

7:15 PM Boy Scout Troop 964 7:30 PM Nominating Committee

7:30 PM AA 101

#### WEDNESDAY, March 4

10:30 AM Holy Fitness 1:30 PM Staff Meeting

4:30 PM Piano/Organ Practice

6:00 PM Wednesday Night Alive Meal

7:00 PM Lent Evening Worship

7:00 PM Peace Church Prayer Meeting

7:30 PM Pastor's Bible Study

7:30 PM Chancel Choir 7:30 PM RIF Meeting THURSDAY, March 5

1:00 PM Compass 4-H 3:00 PM Prayer and Praise Small Group

6:00 PM Children's Choir

6:00 PM Youth Choir

6:30 PM Girl Scout Troop 2279 6:30 PM Girl Scout Troop 409

7:00 PM FUPCDC Praise Team Rehearsal

7:00 PM Boy Scout Troop 964 Nuclear Science

Merit Badge Training

8:00 PM AA Support Group

#### FRIDAY, March 6

10:30 AM Holy Fitness

### SATURDAY, March 7

8:00 AM Men's Breakfast 8:30 AM Contemplative Yoga

### SUNDAY, March 8

### **Daylight-Saving Time Begins**

8:30 AM Worship - Traditional 9:45 AM Christian Education Hour 11:00 AM Worship - Contemporary

12:15 PM Spread the Bread

1:00 PM Peace Church (Spanish Speaking Service)1:15 PM Building and Grounds Committee

1.13 TW Dulluling and Orbanas Co

5:45 PM Jubilation Handbells

### DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.<sup>1</sup>

### 2020 BOARD OF DEACONS

Class of 2020	Class of 2021	Class of 2022
Agnes Fokwa	Amy Bean	Bob Albrecht
Lisa Fortner	Karen Elliott	Sandy Chamberlin
Kathy McNeely	Liz Goolgasian	Claudia Cunningham
Carol Schwalm	Peggy Heins	Pam Emert
Celine Sonkwa	Therese Same	Ellen Nuernberger

Carol Schwalm, Moderator·····703-680-7673

## RULING ELDERS: THE MINISTRY OF DISCERNMENT & GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.<sup>2</sup>

See current ruling elders of FUPCDC on page 12 of bulletin.

<sup>&</sup>lt;sup>1</sup> The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

<sup>&</sup>lt;sup>2</sup> ibid., p. 60.

## First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers·····	····· People of the Church
Pastor·····	····· Rev. Adam C. Bowling
Chancel Choir Director ·····	····· Dana Van Slyke
Pianist/Organist ······	
Contemporary Worship Directors	·· Becca and Chris Anderson
Children's/Youth Choir Directors·······	·· Becca and Chris Anderson
Jubilation Handbell Director	····· Ike Evans
Nursery Supervisor·····	3
Little Hands Preschool Director ·····	····· Tiffany Ramsey
Sexton·····	
Office Manager·····	····· Kim Parker

## 2020 SESSION

Peter Glyer ('20) ··········Adult Christian Education··········· Mike Gundel ('21) ···········Building & Grounds ··········	
Ruth Washburg ('21) ··········Children's Ministry······	703-407-3976
Cathy Albrecht ('22) ·······Communications ······	
Betsy Gilbert ('19) ·······Congregational Connections······	703-670-4949
Jon Guest ('21) ······Finance & Administration ······	703-491-4006
Chris Martin ('22) ····· Information Technology ·····	585-455-8423
Dave Stokes ('21) ·····Little Hands Preschool ·····	703-583-9287
Pam Cox ('20) ······Mission & Outreach·····	703-441-6319
Linda Wolstenholme ('22) ······Nominating ·····	703-878-3697
Norman Cobb ('21) ······Personnel ·····	703-878-7317
Jon Guest ('21) ······Safety & Security ······	···· 703-491-4006
Pat Manalio ('22) · · · · Stewardship · · · · · · · · · · · · · · · · · · ·	703-680-5058
Marti Hall ('21) ······Worship······	703-626-2269
Afton Schwalm ('22) ······Youth Ministry ······	571-221-0778
Rev. Adam C. Bowling ······ Moderator ·····	828-448-8914
Sara Porter ······Clerk of Session·····	···· <i>7</i> 03-670-8737

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